



FEI DUNIYA

IT'S YOUR WORLD

Mumbai | Vol 19 | Issue 04 | September 2026 | A Publication of FEI Family | Free Distribution

PROGRESS
— is not just about —
moving ahead
it is about
*moving ahead
together.*





Ahmedabad



Vadodara



Chennai



Gandhidham



Bengaluru



Mumbai



Mumbai



Delhi

BLOOD DONATION

A gift of life, a symbol of humanity

Blood donation is one of the simplest and most selfless acts of service that one individual can offer to another. It takes only a small amount of our time, yet its impact can be immeasurable. For a patient in need, a timely blood transfusion can mean hope, recovery and, in many cases, a second chance at life.

Blood is an essential and irreplaceable part of healthcare. It is required during accidents and emergencies, major surgeries, childbirth, organ transplants, cancer treatments and for patients suffering from conditions that require regular transfusions. Since blood cannot be manufactured, the availability of a safe and adequate blood supply depends entirely on voluntary donors.

The Significance of Giving Blood

Blood donation goes beyond the act of giving blood. It is an expression of compassion, solidarity and our responsibility towards one another. The person donating may never meet the recipient, yet an invisible bond is created — one human being helping another at a moment when help is needed most.

A single donation can also have a far-reaching impact. Blood can be separated into different components such as red blood cells, plasma and platelets, allowing it to potentially benefit multiple patients. Thus, a few minutes spent donating can translate into many moments of hope for individuals and families.

Regular voluntary blood donation is equally important because emergencies cannot be predicted. Maintaining adequate supplies in blood banks ensures that hospitals are prepared when patients urgently require blood. A strong culture of voluntary donation therefore strengthens the entire community's ability to respond to medical emergencies.

A Meaningful Tribute to Mrs. Shailaja Nair

The Shailaja Nair Foundation, the CSR initiative of the FEI Group, has always sought to uphold the values of compassion, dignity, inclusiveness and service that defined the life of Late Mrs. Shailaja Nair.

In her loving memory, the Shailaja Nair Foundation will be conducting a Blood Donation Drive on 11th September 2026.

This initiative is a fitting tribute to Mrs. Shailaja Nair — transforming remembrance into meaningful action and carrying forward her spirit of caring for others. It is an invitation to the entire FEI family, friends and well-wishers to come together and contribute towards a cause that can directly touch and transform lives.

Let Us Give the Gift of Life

We often look for meaningful ways to make a difference in the lives of others. Blood donation offers us an opportunity to do so in the most direct and profound manner.

This 11th September, let us come together in memory of Mrs. Shailaja Nair and make our contribution towards saving lives.

Donate Blood. Share Hope. Save Lives.

Because the greatest tribute to a life of compassion is to continue the act of giving.



GANESH CHATURTHI

A celebration of faith, wisdom and new beginnings

Ganesh Chaturthi is one of India's most beloved festivals, celebrated with devotion, enthusiasm and a wonderful sense of community. Dedicated to Lord Ganesha, the revered God of wisdom, prosperity and new beginnings, the festival brings people together in prayer, celebration and togetherness.

Lord Ganesha is traditionally worshipped before beginning any important endeavour, as He is regarded as the remover of obstacles and the harbinger of auspicious beginnings. His elephant head symbolises wisdom and understanding, while His large ears remind us to listen carefully and thoughtfully. His presence therefore represents not just religious devotion, but also values that are meaningful in everyday life — knowledge, humility, patience and perseverance.



The Spirit of Ganesh Chaturthi

The festival is observed with the installation of beautifully decorated Ganesha idols, followed by prayers, aarti, devotional music and cultural programmes. Homes, workplaces and communities come alive with colour, music and festive spirit.

In Maharashtra, Ganesh Chaturthi has a particularly special significance. What began as a largely private household celebration evolved into a vibrant community festival, bringing people from different backgrounds together. The festival beautifully demonstrates the power of collective celebration — where devotion becomes a shared experience and communities come together as one.

The immersion of the idol, or Ganesh Visarjan, carries a deeper message as well. It reminds us of the cycle of creation and dissolution and teaches us to accept change while carrying forward the values and blessings associated with Lord Ganesha.

एफईआयचा महाराजा celebrating together.



Continuing its tradition of celebrating festivals with enthusiasm and togetherness, FEI Cargo Limited will be hosting “FEI Cha Maharaja” on 14th and 15th September 2026.

FEI Cha Maharaja is more than a festive celebration. It is an opportunity for the entire FEI family to come together, seek the blessings of Lord Ganesha and celebrate the bonds of friendship, teamwork and togetherness that make the organisation special.

As the beautifully adorned FEI Cha Maharaja takes centre stage, may Lord Ganesha bless the entire FEI family with wisdom in our decisions, strength in our challenges, success in our endeavours and happiness in our lives.

Ganpati Bappa Morya!

May this Ganesh Chaturthi bring new beginnings, remove obstacles from our path and fill our homes and workplaces with positivity, prosperity and peace.

Let us celebrate with devotion in our hearts, joy in our spirits and togetherness as one FEI family.

Ganpati Bappa Morya!
Mangal Murti Morya!

KALPAKKAM

*a historic achievement that made
the world look towards*

India



Every Indian should hold their head high and feel proud of this historic achievement. We often celebrate movie releases, cricket victories, and sporting achievements on social media. Yet, a remarkable scientific achievement that could transform India's future has taken place quietly at Kalpakkam, just a few kilometres from Chennai. On June 26, 2026, India wrote another important chapter in global scientific history.

For decades, advanced nations have invested enormous resources in nuclear technology and fast-reactor research, facing significant technical challenges along the way. Indian scientists, through years of dedicated research, perseverance, and indigenous innovation, have continued to overcome these challenges. The achievements at Kalpakkam are therefore much more than technological milestones; they represent India's scientific confidence, self-reliance, and the result of decades of hard work by generations of scientists.

One of the most important milestones is the Prototype Fast Breeder Reactor (PFBR). On April 6, 2026, the PFBR at Kalpakkam successfully achieved its first criticality, marking a major step in India's three-stage nuclear power programme. Unlike conventional reactors, fast breeder reactors are designed to make more efficient use of nuclear fuel by converting fertile material into usable fuel while producing energy. This technology has the potential to significantly expand India's long-term nuclear energy resources.

This achievement is particularly important because of India's long-term vision of making better use of its indigenous nuclear resources. India has relatively limited uranium resources but possesses significant thorium reserves, particularly in its coastal mineral sands. Scientists such as Dr. Homi J. Bhabha envisioned a long-term nuclear programme in which India could ultimately make extensive use of thorium. The progress achieved at Kalpakkam represents an important step towards that larger vision of energy self-reliance.

Another remarkable development associated with Kalpakkam is the advancement of nuclear-powered hydrogen production. Hydrogen is widely regarded as an important fuel for a cleaner energy future because its use can produce water rather than carbon dioxide at the point of utilisation. However, producing clean hydrogen requires substantial energy. Using nuclear energy and high-temperature processes offers a promising pathway for producing hydrogen with significantly lower carbon emissions.

Scientists at the Indira Gandhi Centre for Atomic Research (IGCAR), Kalpakkam, have been working on advanced technologies that can utilise nuclear heat for hydrogen production, including the Copper-Chlorine thermochemical cycle. Instead of relying entirely on conventional electricity to split water, such processes can make direct use of high-temperature heat from nuclear systems. This represents an exciting intersection of nuclear energy, hydrogen technology, and the clean-energy transition.

These achievements did not happen overnight. Fast reactors present unique engineering challenges, particularly because they use liquid sodium as a coolant. Sodium reacts vigorously with air and water, making its handling a highly demanding technological challenge. Indian scientists and engineers have spent decades developing the expertise, systems, safety practices, and indigenous technologies required to work with this challenging material. Their perseverance deserves immense respect and recognition.

The benefits of such technological progress extend far beyond laboratories and nuclear facilities. Greater nuclear-energy capacity can contribute to a more reliable and diversified electricity supply. It can reduce dependence on imported fossil fuels and strengthen India's energy security. Cleaner energy technologies can also help reduce carbon emissions and support India's transition towards a more sustainable economy. In the long term, energy self-reliance can strengthen industries, create new technological opportunities, and enhance India's position in the global energy landscape.

Kalpakkam, therefore, is more than just a place on the map. It has become a symbol of India's scientific ambition, perseverance, and growing technological self-confidence. The journey has involved decades of research, experimentation, setbacks, learning, and determination by countless scientists, engineers, technicians, and support teams.

We rightly celebrate victories in sports and entertainment, but scientific achievements that can influence the future of an entire nation deserve our attention and appreciation as well. The work being carried out at Kalpakkam reminds us that India has the knowledge, talent, and determination to pursue some of the world's most challenging technological goals.

Let us tell our children about these achievements and inspire the next generation of Indian scientists, engineers, and innovators. Let us celebrate not only the people who stand on the stage, but also the thousands of dedicated professionals who work quietly behind the scenes to move the nation forward.

To all the scientists, engineers, technicians, and researchers who have dedicated their lives to India's scientific progress, this is a salute to your perseverance and contribution.



Kalpakkam is a reminder that when India believes in its scientific capabilities and works with determination, the world takes notice.
A proud salute to the scientific spirit of India and to all those who continue to build the nation's future.

WALK BAREFOOT FOR 15 MINUTES EVERY DAY:

*Cardiologist
Dr. Alok Chopra
says to improve your
health get your feet
on ground*

Walking barefoot has been known to benefit your overall physical well-being. On August 6, Dr Alok Chopra, a cardiologist with over 40 years of experience, listed how this simple practise does so in an Instagram post he captioned, "Reconnect with the Earth."

According to the cardiologist, walking barefoot on grass, sand, or soil is a simple way to reconnect with nature and improve your health as it may help promote relaxation, reduce stress, and support overall well-being. He suggested that walking barefoot for just 15 to 30 minutes a day can make a meaningful addition to a healthy lifestyle.

What happens when bare feet touch the Earth?

Dr Alok Chopra explained that when our bare feet touch the ground, the body discharges excess electrical charge into the Earth. Explaining how it helps, he shared, "This helps restore the body's natural electrical balance by supporting the repolarisation of cells." He further added, "Repolarisation is the process of restoring a cell's natural electrical charge after it has been disrupted."

As for why repolarisation is important, the cardiologist stressed that repolarised red blood cells may move more freely, supporting healthy circulation.

Benefits of walking barefoot

According to the cardiologist, there are many benefits to walking barefoot on earth, such as:

- Helps you to release accumulated electrical charge through contact with the Earth's surface.
- Helps you reduce stress and promote relaxation.
- Supports emotional well-being, mental clarity, and a greater sense of calm, balance, and restful sleep.
- Helps you reconnect with nature and stay present.

How to do it right

The cardiologist suggests:

- Walk barefoot on grass, soil, sand, or natural ground.
- Spend 15 to 30 minutes in direct contact with the Earth.
- Ideally, practising grounding early in the morning gives restorative benefits.
- Make it a regular part of your daily routine.

DID YOU KNOW

QUIZ FOR August

1. The pink lake in Australia is called _____.
2. The Eiffel tower, needs _____ of paint every 7 years to prevent it from rusting.
3. The fingerprints of _____ are almost identical to humans.
4. Africa has the worlds longest river, _____.
5. The human nose can detect over _____ smells.
6. The fresh scent after rain is called _____.
7. New Zealand has more _____ than people.
8. _____ in Venezuela is the highest waterfall in the world at over 3200 feet.
9. The human brain contains around _____ neural connections, making it incredibly powerful.
10. A day on Earth is _____.
11. The heart of a blue whale weighs nearly _____.

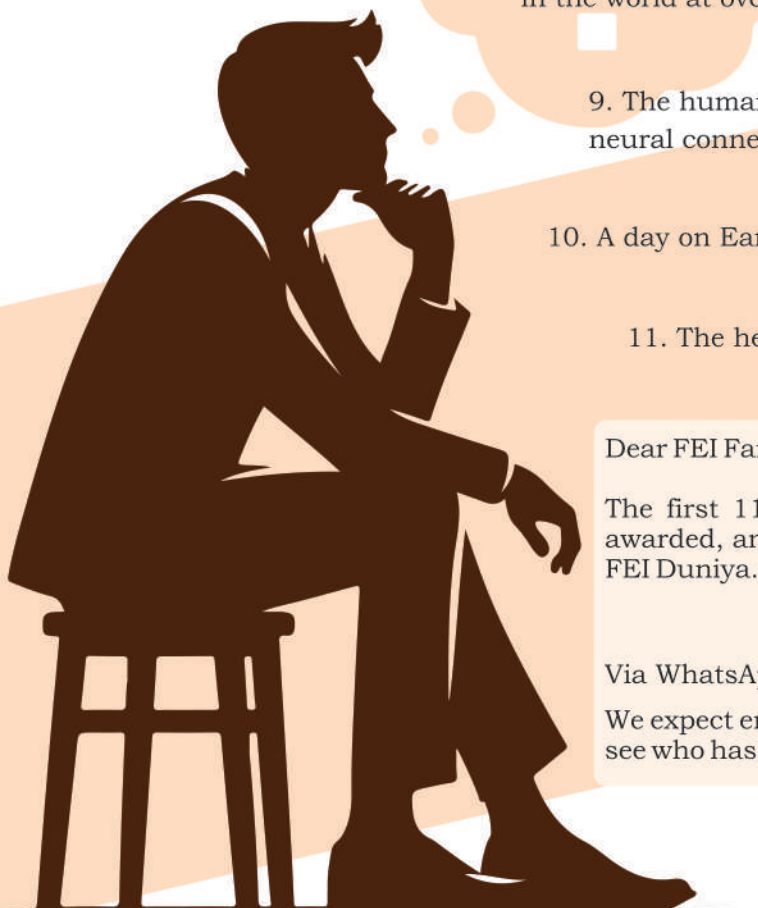
Dear FEI Family,

The first 11 FEI family members to submit their answers will be awarded, and the winners will also be featured in the next edition of FEI Duniya.

You can send your answers:

Via WhatsApp: **+91 75064 48201** & Via email: **hrm@feicargo.com**

We expect enthusiastic participation from everyone across FEI. Let us see who has been reading carefully and knows our company best!



TOP PERFORMERS FOR THE MONTH OF JULY 2026

- ★ **Manhar Parmar** from Baroda office the Top Salesperson of the month.
- ★ **Delhi branch**, that has added the maximum number of customers in the month.



Manhar Parmar



Delhi

MR. NAIR'S *Inspirational Quotes*



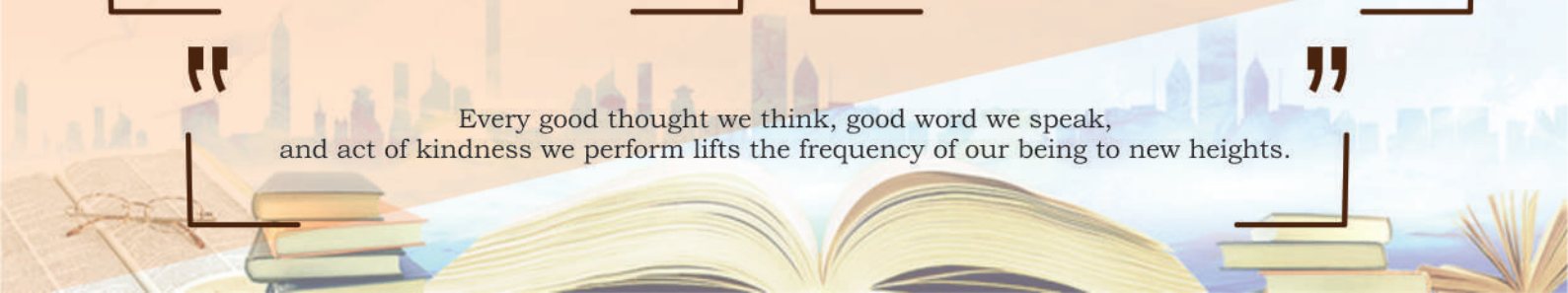
" You are here to be you, just you.
So, do not imitate others.
Celebrate your originality. "

" Do not go where the path may lead,
Go instead where there
is no path and leave a trail. "

" You have to do your own growing,
no matter how tall your grandfather was. "

" Write your goals with pen,
but your strategies to achieve it with pencil. "

" Every good thought we think, good word we speak,
and act of kindness we perform lifts the frequency of our being to new heights. "





CELEBRATIONS FOR THE MONTH

BIRTHDAYS

02nd	Sujatha Nadar	Mumbai
03rd	Parthasarathi S	Chennai
05th	Govind Ashat	Mundra
06th	Anzal Mansoor	Kochi
07th	Hely Vaghela	Baroda
09th	Atul Kamble	Corporate
09th	Sanjoy Bose	Kolkata
09th	Sachin Bharné	Mumbai
10th	Smita S. Pillai	Corporate
12th	Sauravkumar Dangar	Baroda
12th	Minal Dayal	Mumbai
17th	Ganesh Kumar	Mumbai
18th	Sandeep Wadhawan	Delhi
19th	Nikhil Muttathan	Intl. Division
19th	Pranil Bhoir	Mumbai
20th	Narendra Waigankar	Mumbai
21st	Shankar Kulkarni	Bangalore
21st	Rowan K.B	Intl. Division
24th	Saili Mhatre	Corporate
29th	Rumi Engineer	Corporate
29th	Sreenivas Rao Kodati	Bangalore
30th	Vinayak Shetty	Mumbai

WEDDING ANNIVERSARIES

04th	Madhu Nambiar	Mumbai
09th	Essakkiappan P.	Tuticorin
16th	Thangamari S.	Tuticorin
16th	A C Rajeev	Bangalore
27th	V. Nelkington Wilwin	Tuticorin

NEW ADDITIONS TO THE FEI FAMILY

Hina Parmar	Ahmedabad
Ayaan Mukadam	Corporate
Divesh Chavan	Corporate
Karan Panchal	Corporate
Kausarjahan Sheikh	Corporate
Vaibhavi Parab	Corporate
Jyoti Ahlawat	Delhi
Kashibai Margaj	Mumbai
Sheetal Parab	Mumbai
Sonu Singh	Mumbai
Nikita Kapse	Pune

HOLIDAYS FOR THE MONTH

Date	Purpose
12th (Saturday)	Second Saturday

Date	Purpose
04th (Friday)	Janmashtami
05th (Saturday)	Gopalkala
25th (Friday)	Anant Chaturdashi

PAN INDIA CLOSED

OPTIONAL HOLIDAYS



Mr. Sandip Parmar (Ahmedabad) and **Mrs. Anita** are blessed with a baby boy.

FEI Duniya (English) is edited, printed, and published for FEI CARGO LTD., Mumbai by K. S. Prathapachandran Nair and printed the Print Works, A-2/234-235, Shah & Nahar Industrial Estate, sun Mill Lane, Lower Parel, Mumbai - 400 013, and published from FEI Cargo Ltd. A-103, Mangalya, Marol Maroshi Road, Andheri (E), Mumbai - 400 059

Edited- K.S. Prathapachandran Nair
(Responsible for selection of news under PRBAct)

Disclaimer: The view and opinion expressed in FEI Duniya are not necessarily those of the editor, publisher or the organization. Any health tips given in the magazine should not substitute for the advice of a medical professional.
Do take time to visit these websites: www.feicargo.com | www.shailajanair.org | www.thejulyclub.com | www.amazingmusicians.shailajanair.org

FEI Duniya contribution Email: feiduniya@feicargo.com Published by editorial board
Follow us: [f](#) [i](#) [s](#) [i](#) [m](#) [i](#) [c](#)