FEI DUNIYA

ITS YOUR WORLD

• A PUBLICATION OF FEI CARGO LIMITED

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From the CEO's Desk.

Dear Friends,
Though most of you do not ask me directly, I know for sure that there is some apprehension or curiosity about the way FEI group has been going forward.

In a fast changing environment, it is not feasible to have a concrete plan. Long term plans and goals have to be set but this needs to be a flexible one. No one can predict how the conditions, locally and worldwide will evolve. The success of any organization will depend on its ability to adapt and innovate depending on these changes.

We, at FEI, have been trying to defy the conventions and are trying to go where no others have gone. Our devotion in our duties, willingness to learn and unlearn gives us strength to overcome all odds and helps us to fly much higher and much faster than anyone else in our industry.

Its not that we have not made mistakes and its not that we will not make mistakes again. What is important is the lesson that we learn from all these experiences. We have dared to do what no one of our size in our industry has ever even thought of.

At this juncture, I can only promise you more adventure and more prosperity. We need to grow, every year, as much as we have grown in the last two decades. A real tough option but then, we are made of tough steel too.

All the very best to each one of us in our journey forward.
Thanks & Rgds
Pratap Nair

direct dil se

"Team FEI- Ahmedabad,

Today we have received our consignment.
I would like to thank Team FEI-Ahmedabad for their extended support in getting us the consignment.
Special thanks to Mr. Rajesh, Mr. Balaji & Ms. Mansi.
We would be hoping to get same sort of support in future too.

Warm Regards,
Naresh Joshi
Infinium Solutionz Pvt. Ltd."

"Dear FEI Team

We wish to inform you that 11 containers despatched from Mumbai port on Monday have started to reach Kadi.
On behalf of HHLI, I would like to thank all of you for efforts put in for movement of these containers from port to CFS and then to Kadi.
Regret inconvenience / trouble caused due to this on Sunday also.
With best regards and thanking you remains always

Regards
Apurva - HHLI "

WE ASSURE YOU OF OUR BEST SERVICES AT ALL TIMES

THOUGHTS PENNED DOWN !!!

'FEI Duniya' published in the month of February, 2009, was really marvelous. The introductory note of the senior authority was so touching. I hereby, offer a prayer to the departed soul and console the bereaved family left behind without her company.

The circulated media covers all aspects of life. i.e. life, amusement, work, play and knowledge which are essential to life. The paradox of life is praiseworthy. It's an eye-opener to the evils of fast moving lifestyles with depreciating values and morals, which will be a threat to generation to come.
The concept of naming an individual, who has rendered outstanding contribution to his/her field of operation is self-appreciable. This enhances the goodwill among the staff and management. It also strengthens the bond between them, resulting in overall increase in productivity and individual potential. This is definitely a sign of productive progress and pleasant work environment.

On a whole, a wonderful concept and deserves appreciation. Wishing you great success in all your endeavors. KUDOS to you!

......A Well Wisher
A million thanks for your kind words...
Your comments and your appreciation mean a lot to us...

CELEBRATIONS

Birthdays in MAY

NAME	BRANCH	DATE
M KARTHIKEYAN	CHENNAI	1-May
LAKSHMI VENKAT	CORPORATE	3-May
BINDU G PILLAI	MUMBAI	4-May
K. SURESH	CHENNAI	4-May
PRIYA RAJGOPALAN	CORPORATE	12-May
KEVIN SHUKLA	BARODA	13-May
DHIREN N PATEL	AHMEDABAD	19-May
SANJAY M ROHIT	BARODA	27-May
SREESAILA V	KOCHIN	28-May
RAJENDRA S JADHAV	MUMBAI	28-May
STANLY CHACKO	KOLKATTA	30-May

Kevin Shukla, our Birthday Boy for the Month of May is a smart and charming gentleman from Baroda. He started his journey with FEI in Nov 07 as an Assistant - Operations. He holds a Bachelors degree in Commerce from the Gujarat University. Music is his passion and he loves to travel. This young gentleman works 24x7 and his undying commitment to his work is highly appreciable. He is celebrating his birthday on 13th May.

Kevin, on behalf of the entire FEI Family, FEI Duniya wishes you a very HAPPY BIRTHDAY. May god bless you with good health and prosperity forever and ever.

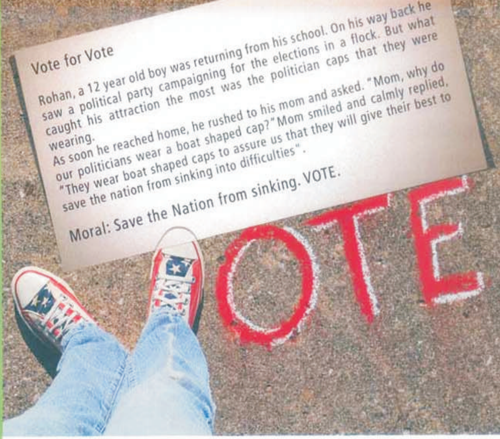
Do make it a point to wish him on this day. You can reach him on his cell number – 09925121480
This is what your zodiac sign says about you:
Taurus people are good looking, have attractive eyes, proud, determined and practical. They are down to earth and say what they mean with a very strong sense of value. They are also extremely patient and dependable along the way.
Lucky Day: Friday, Monday
Lucky Number: 6, 15, 24, 33, 42, 51
Lucky Color: Blue

NEW MEMBERS

Maheshvarman A S - Chennai | Manisha Tayade - Mumbai

Anniversaries in MAY

NAME	BRANCH	DATE
LAHU MULEY	MUMBAI	1-May
NASHIKET PILANE	MUMBAI	1-May
JAYSINGH BANDE	MUMBAI	1-May
VINOD NAMBIAR	MUMBAI	2-May
DADABHAU GHULE	MUMBAI	4-May
SANTOSH JADHAV	MUMBAI	4-May
DATTATRAY K MULEY	MUMBAI	4-May
HEMANT R CHAUDHARI	AHMEDABAD	8-May
RAJENDRA S JADHAV	MUMBAI	8-May
DHARMESH JOSHI	MUMBAI	9-May
MANOJ KUMAR VERMA	DELHI	9-May
ANKUSH THOPATE	MUMBAI	11-May
BABAN SHINDE	MUMBAI	12-May
SUBHASH CHANDER	DELHI	12-May
GHAININATH A PAKHRA (BANDU)	MUMBAI	13-May
BALA RAMESH	MUMBAI	14-May
SUBHASH S THUBE	MUMBAI	15-May
REKHA CHAUDHARY	DELHI	18-May
AMIT SHAH	BARODA	23-May
RAJU DABHADE	MUMBAI	23-May
INDRAVADAN MESARIYA	BARODA	25-May



Vote for Vote

Rohan, a 12 year old boy was returning from his school. On his way back he saw a political party campaigning for the elections in a flock. But what caught his attraction the most was the politician caps that they were wearing.

As soon he reached home, he rushed to his mom and asked. "Mom, why do our politicians wear a boat shaped cap?" Mom smiled and calmly replied, "They wear boat shaped caps to assure us that they will give their best to save the nation from sinking into difficulties".

Moral: Save the Nation from sinking. VOTE.

Procedure of Elections in Major Countries

Country	Head of State	Parliament/Legislature	
		Lower Louse	Upper House
Afghanistan	Direct Election	Direct Election	Indirect Election And Appointments
Argentina	Direct Election	Direct Election	Direct Election
Australia	Monarchy	Direct Election	Direct Election
Austria	Direct Election	Direct Election	Indirect Election
Bahrain	Monarchy	Direct Election	Appointments
Belgium	Monarchy	Direct Election	Direct And Indirect Election
Brazil	Direct Election	Direct Election	Direct Election
Canada	Monarchy	Direct Election	Appointments
China	Election By Parliament	Indirect Election	
Denmark	Monarchy	Direct Election	
Finland	Direct Election	Direct Election	
France	Direct Election	Direct Election	Indirect Election
Germany	Election By Electoral College	Direct Election	Representation Of State Governments
Greece	Election By Parliament	Direct Election	
Hungary	Election By Parliament	Direct Election	
India	Election By Electoral College	Direct Election	Indirect Election
Indonesia	Direct Election	Direct Election	Direct Election
Iran	Direct Election	Direct Election	
Ireland	Direct Election	Direct Election	Election By Functional Constituencies
Italy	Election By Parliament	Direct Election	
Japan	Monarchy	Direct Election	Direct Election
Mexico	Direct Election	Direct Election	
Nepal	Election By Parliament	Direct Election	
Netherlands	Monarchy	Direct Election	Indirect Election
New Zealand	Monarchy	Direct Election	
North Korea	Deceased	Direct Election	
Norway	Monarchy	Direct Election	
Pakistan	Election By Electoral College	Direct Election	Indirect Election
Philippines	Direct Election	Direct Election	Direct Election
Russia	Direct Election	Direct Election	Indirect Election And Appointments
Singapore	Direct Election	Direct Election	
South Africa	Election By Parliament	Direct Election	Indirect Election
South Korea	Direct Election	Direct Election	
Spain	Monarchy	Direct Election	Direct and Indirect Election
Sri Lanka	Direct Election	Direct Election	
Sweden	Monarchy	Direct Election	
Switzerland	Election By Parliament	Direct Election	Direct Election
Taiwan	Direct Election	Direct Election	
Thailand	Monarchy	Direct Election	Direct Election
Turkey	Direct Election	Direct Election	
United Arab Emirates	De Facto Monarchy	Appointments	
United Kingdom	Monarchy	Direct Election	Appointments And Hereditary

Seats And Number Of Polling Stations For The Lok Sabha Elections 2009

Sl. No	State / Union Territory	Type of Constituencies			TOTAL	Number of Polling Stations
		GEN	SC	ST		
1	Andhra Pradesh	34	6	2	42	56,311
2	Arunachal Pradesh	2	-	-	2	1,734
3	Assam	11	1	2	14	17,654
4	Bihar	33	7	-	40	49,427
5	Jharkhand	8	1	5	14	15,671
6	Goa	2	-	-	2	1,003
7	Gujarat	20	2	4	26	36,684
8	Haryana	8	2	-	10	12,553
9	Himachal Pradesh	3	1	-	4	6,230
10	Jammu & Kashmir	6	-	-	6	6,511
11	Karnataka	24	4	-	28	17,247
12	Kerala	18	2	-	20	39,686
13	Madhya Pradesh	20	4	5	29	20,332
14	Chhattisgarh	5	2	4	11	42,276
15	Maharashtra	41	3	4	48	73,938
16	Manipur	1	-	1	2	2,003
17	Meghalaya	2	-	-	2	1,569
18	Mizoram	-	-	1	1	789
19	Nagaland	1	-	-	1	1,573
20	Orissa	13	3	5	21	26,250
21	Punjab	10	3	-	13	15,623
22	Rajasthan	18	4	3	25	35,689
23	Sikkim	1	-	-	1	343
24	Tamil Nadu	32	7	-	39	47,977
25	Tripura	1	-	1	2	2,367
26	Uttar Pradesh	63	17	-	80	101,678
27	Uttaranchal	4	1	-	5	7,653
28	West Bengal	32	8	2	42	48,747
29	A & N Islands	1	-	-	1	327
30	Chandigarh	1	-	-	1	405
31	D & N Haveli	-	-	1	1	128
32	Daman & Diu	1	-	-	1	82
33	Delhi	6	1	-	7	40
34	Lakshadweep	-	-	1	1	9,008
35	Pondicherry	1	-	-	1	615
	Total:	423	79	41	543	700,121

VOTE
VOTE
BALLOT BOX

Area wise Smallest 5 Parliament Constituencies

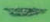
STATE / UNION TERRITORY	PARLIAMENT CONSTITUENCY	AREA (sq. km)
NCT OF DELHI	Delhi Sadar	28.09
MAHARASHTRA	Mumbai South Central	18.31
MAHARASHTRA	Mumbai South	13.73
WEST BENGAL	Calcutta North West	13.23
NCT OF DELHI	Chandni Chowk	10.59

Area wise Biggest 5 Parliament Constituencies

STATE / UNION TERRITORY	PARLIAMENT CONSTITUENCY	AREA (sq. km)
JAMMU & KASHMIR	Ladakh	173266
RAJASTHAN	Barmer	71601.2
GUJARAT	Kutch	41644.6
ARUNACHAL PRADESH	Arunachal West	40572.3
ARUNACHAL PRADESH	Arunachal East	39749.6

Symbols Of Different State Parties

State Parties	Party Symbol	State Parties	Party Symbol
All India Anna Dravida Munnetra Kazhagam		All India Forward Bloc	
All India Trinamool Congress		Arunachal Congress	
Asom Gana Parisad		Autonomous State Demand Committee	
Biju Janata Dal		Dravida Munnetra Kazhagam	
Federal Party of Manipur		Goa Rajiv Congress Party	
Haryana Vikas Party		Hill State People's Democratic Party	
Himachal Vikas Congress		Indian National Lok Dal	
Jammu & Kashmir National Conference		Janata Party	
Jharkhand Mukti Morcha		Kerala Congress	
Kerala Congress (M)		Lok Shakti	
Maharashtrawadi Gomantak		Manipur People's Party	
Manipur State Congress Party		Marumalarchi Dravida Munnetra Kazhagam	
Mizo National Front		Mizo National Front (Nationalist)	
Mizoram People's Conference		Muslim League Kerala State Committee	
Nationalist Congress Party		NTR Telugu Desam Party (Lakshmi Parvathi)	

Pattali Makkal Katchi		People's Democratic Movement	
Rashtriya Janata Dal		Republican Party of India	
Revolutionary Socialist Party		Samajwadi Party	
Samata Party		Samajwadi Janata Party (Rashtriya)	
Shiromani Akali Dal		Shivsena	
Sikkim Democratic Front		Sikkim Sangram Parishad	
Tamil Maanila Congress (Moopanar)		Telugu Desam	
Tripura Upajati Juba Samiti		United Democratic Party	
United Goans Democratic Party		United Minorities Front, Assam	

Election Statistics
Voting Percentage in Lok Sabha Elections

General Election	Year	Male	Female	Total
1st	1952	-	-	61.2
2nd	1957	-	-	62.2
3rd	1962	63.31	46.63	55.42
4th	1967	66.73	55.48	61.33
5th	1971	60.9	49.11	55.29
6th	1977	65.63	54.91	60.49
7th	1980	62.16	51.22	56.92
8th	1984	68.18	58.6	63.56
9th	1989	66.13	57.32	61.95
10th	1991	61.58	51.35	56.93
11th	1996	62.06	53.41	57.94
12th	1998	1998	57.88	61.97
13th	1999	63.97	55.64	59.99
14th	2004	52.65	44.65	48.74

GYANENDAR SWAMI

WHAT THE LAW SAYS.....

MOTOR VEHICLE ACT,1988

Section 184 : Speeding or driving dangerously.
Section 185 : Drunken Driving (with more than 30% alcohol in blood) or driving under influence of drugs.
First offence : Up to six months and fine up to Rs. 2,000;
Second offence: Up to two years, or Rs. 3,000 fine or both.
Section 188 : Abetment of dangerous or drunken driving;
Punishment : Same as above

What is abetment? Under IPC section 107, abetment means: instigation, conspiracy and intentionally aiding the act or an illegal omission.

WHILE IN A MEETING!!

As Mr.Nair keeps saying that if our FEI has to grow we need to interact with each other. Not only by saying Hi and Hello but by meeting, discussing and planning for everything in FEI so that our execution can be perfect. Below are ground rules while in a meeting :

GROUND RULES

- Be open to speak
- There is no rank in this room.
- What you say stays within these walls.
- Everyone participates, no one dominates
- One speaker at a time.
- Be an active listener.
- Give your relevant experience freely.
- Agree or disagree, if it makes sense.
- Question- no matter how obvious is the answer.
- Human in the right place is a bonus.
- Mobile phones to be kept on silent / vibration mode.

CODE OF CONDUCT

- Be prompt.
- Come prepared.
- State purpose and agenda.
- Contribute constructively.
- Pay attention and be courteous.
- Focus on topic.
- Summarize the decisions.
- Assign actions.

LET'S LEARN TAMIL

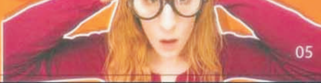
- What is your name?
  Ungaludey peru enna?
- My name is (Your name)
  Ennodu peru (Your name).
- How are you?
  Epadi irukinga.
- I'm Fine
  Nalla iruken.
- What are you doing?
  Enna pannaringa?
- How old are you?
  Unga vayas enna?
- Where do you stay?
  Ninga enga erukinga?
- Where are you working?
  Ninga enga vella pakuringa?
- Nice to meet you.
  Ungala santichathila santhosham.
- Hope to see you again
  Meendum santhipam.

IN CONTINUATION WITH the article on BEING PROFFESSIONAL which appeared in FEI Duniya Dec issue.... PART V

SELF-MOTIVATING.

Being self-motivated on a job is a challenge as it does not come easily due to distractions that crowd the thought process which can stem from job stress, familial problems, health issues, etc. Self motivation can be classified into two parts: ability and feelings. While 'ability 'implies the confidence you have in yourself, 'feelings' is all about how you see yourself. Looking down at oneself and feeling helpless can only lead to destruction. It is important to be surrounded by a positive vibe and not suppress your feelings.

VINU



"A key characteristic of any entrepreneur is the willingness to learn, unlearn and relearn. An entrepreneur shouldn't be so passionate about an idea that he is never able to change or modify it. The prototype phase of an idea should allow an entrepreneur to adapt, change and modify the business model before the business venture is fully rolled out. Never has any idea been prototyped and then extended in its original form. By its very nature, an idea has to undergo changes, improvement and adaptation."

Kishore Biyani, Group CEO, Future Group

We are very much impressed with Mr. Biyani and undoubtedly we like him a lot.

Dear Readers, we will keep giving you such inspirational quotes in our forthcoming issues..

Dear Pratap,

Thank you for giving me an opportunity to write about my marathon experience. Putting my experiences on paper is not easy since there are so many things one needs to inform others. Besides the shoes, one needs to know about the diet, attire, time to run, speed, etc. I have tried to do so very broadly. If any of your readers are interested in talking to me on a one-to-one basis, I am willing to arrive at your office on any Saturday morning post-lunch.

I look forward to having you and many more of your staff members register for the Mumbai Marathon 2010. Registration opens sometime in july-aug this year.

Warm regards
Bansal - Netherlands Consulate General, Mumbai.

Would you believe that if everyone re-used their polythene bags just once, it would halve the number of bags produced each year?

SO TO STOP ABUSE...
PLEASE RE-USE...

ISHAM, FEI COLOMBO

Thank you Mr. Bansal for sharing your experience with us.

RUN FOR YOUR LIFE!!!

A non-runner will never understand why people run. The vast majority perceive it as painful, tedious and exhausting; most people associate it with punishment [remember your school days].
Then why do so many people run? This year, 2009, for the Mumbai Marathon, there were totally around 35,000 people who could participate and many could not do so since the registration was closed due to an overwhelming response post the 26/11 attack. Most often, people start running to stay in shape and reach an ideal body weight; others to keep their sugar or cholesterol levels in check. Many, who begin with a view to get only the health benefits, drop out. And those who taste the runners high get hooked on and continue; get addicted and do not like to miss their daily fix. I belong to the last category.

Till I was around 48 years, I was never a runner though I have always been a badminton player since college and now for the last 5 years, also a squash player. Running happened because my badminton singles playing opponent had damaged his knee and was out of action for about 4 months. I was so addicted to some physical activity every evening that I started using the treadmill. Soon after, the first Mumbai Marathon was announced in 2004. With having run about 20 kms on the treadmill every week, I was prepared for describe the painful experience I went through to touch the finish line. Believe me; it took me nearly 15 mins to reach the CST from the maidan across the road. I did not sit in the empty train, fearing that if I sat, I would never be able to get up again to disembark. The first run was a huge learning experience. After that, I decided to go thru the whole training process step by step keeping in mind my first experience. I have now run 6 marathons in the last 5 years and would be most happy to share my experience with anyone who would like to join in the Run for Your Life.
Many runners have experienced an elevated mood while running. Some describe it as bliss; some say euphoria and many say it's almost orgasmic. It may vary from person to person but the feeling makes them forget their pains, tiredness, worries and tensions and a whole new perspective of life appears. In addition, there are many other health benefits: few exercises burn more calories than running; prevention of bone and muscle loss; increase in human growth hormone – with all its associated benefits; fights ageing; reduces risk of strokes and heart attacks by controlling blood pressure, diabetes and raising good cholesterol, reduces risk of breast cancer; boosts immune system and improves overall health by reducing stress and thereby all the psychosomatic illnesses associated with stress. Finally and most importantly running builds

run about 20 kms on the treadmill every week, I was prepared for the half-marathon [that is what I thought]. I have no words to

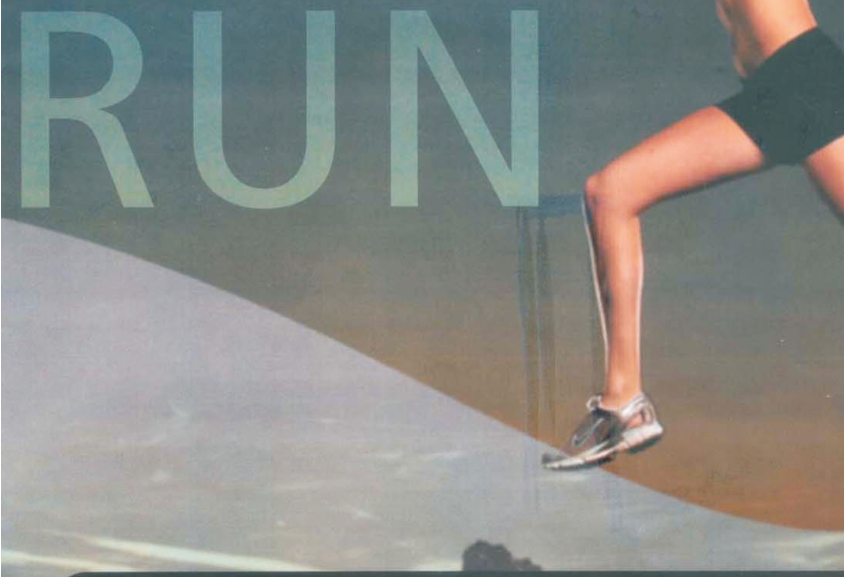
associated with stress. Finally and most importantly, running builds self confidence and creates the "I can do it" feeling.

But running is a double edged sword, which can create problems if you are not careful: potentially damage cartilage of weight bearing joints; raise the heart rate beyond the safety zone and cause cardiac concerns. Always consult a doctor first before commencing on a running programme.

Consult a pro or a coach. Running has a technique, posture, stride, arm, movement and also foot dynamics. Adequate water and a balanced diet will help you get the best out of your run. Avoid uneven surfaces which could surprise you with potholes and slippery ground. An uneven surface can be tackled with the use of good footwear. If you are running in circles, it would help to alternate between clockwise and anti clockwise routes.

If you are grossly overweight, you should lose weight till you reach a weight which is conducive to running. Running with too much weight could be detrimental to your joints and also put more strain on your heart. Wear good shoes. This is the only investment you have to do when running. Wear running shoes which grip your feet and have good weight and shock absorbers. Always warm up and stretch before commencing your run. Weight training is helpful but not absolutely essential.

Remember, if you want to run the next marathon, it is time that you start planning, both mentally and physically. A minimum of six months is needed to train and prepare yourself for running the distance. And it's never too late in life to begin. Get yourself a pair of running shoes and remember: You run for YOUR life!!
If you wish to have more practical information/assistance/advise, do not hesitate to write to me at: bb.bansal@minbuza.nl. Write to me even if you have any information to share.



We really do not know whether you noticed our little attempt to fool you in our last month's issue. As a part of an April Fools' joke, we had apologized saying that we were unable to publish the answer to the last month's CHA question due to POSITIVE SPACE AVAILABILITY. We hope it brought a smile to your face.

We would be sending an email of the CHA answers to all those who are interested. You may send in your request to feiduniya@feicargo.net.

FEI Duniya | Mumbai | May 2009 RNI REGN No. MAHENG/2008/25092 | DECL. NO. 188/08 | DECL. DATE: 26.02.08

From the desk of
Pratap Nair.
pratapnair@feicargo.net

Aiming Higher

Dear friends,

Some useful thoughts for your consumption

- Look at the people in eye.
- Sing in the shower.
- Own a great music player.
- In a fight hit first and hit hard.
- Keep secrets.
- Never give up on anybody.
- Miracles happen everyday.
- Always accept an outstretched hand.
- Be brave. Even if you are not, pretend to be. No one can tell the difference.
- Whistle.
- Avoid sarcastic remarks.
- Choose your life's mate carefully. From this one decision will come 90 percent of your happiness or misery.
- Make it a habit to do nice things for people who will never find out.
- Lend only those books you never care to see again.
- Never deprive someone of hope; it might be all that they have.
- While playing games with children, let them win.
- Give people a second chance, but not a third.
- Be romantic.
- Become the most positive and enthusiastic person you know.
- Loosen up. Relax. Except for rare life-and-death matters, nothing is as important as it first seems.
- Don't allow phone to interrupt important moments. It's here for your convenience, not the callers.
- Be a good loser.
- Be a good winner.
- Think twice before burdening a friend with a secret.
- When someone hugs you, let them be the first one to let go.
- Be modest. A lot was accomplished before you were born.
- Keep it simple.
- Beware of the person who has nothing to lose.
- Don't burn bridges. You'll be surprised how many times you have to cross the same river.
- Live your life so that your epitaph could read. "No regrets".
- Be bold and courageous. When you look back in life you'll regret you didn't do things more than the one's you did.
- Remember no one makes it alone. Have a greatful heart and be quick to acknowledge those who helped you.
- Take charge of your attitude. Don't let someone else choose it for you.
- Visit friends and relatives when they are in hospital; you need stay only a few minutes.
- Begin each day with some of your favourite music.
- Once in a while take scenic route.
- Send a lot of valentine cards. Sign them, 'Someone who thinks you are great, has thought about you today'.
- Answer the phone with enthusiasm and energy in your voice.
- Keep a note pad and a pencil on your bed-side table. Million-dollar ideas sometimes strike at 3.00 am.
- Send your loved ones flowers. Think of a reason later.
- Become someone's hero.
- Compliment the meal when you're a guest in someone's home.
- Wave at the children on a school bus.
- Remember that 80 percent of success in any job is based on your ability to deal with people.
- Don't expect life to be fair, but make it a point to enjoy it. You live only once.