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Life



*is an opportunity, benefit from it.
is beauty, admire it.
is a dream, realize it.
is a challenge, meet it.
is a game, play it.
is a promise, fulfill it.
is a song, sing it.
is a goal, achieve it.
is a struggle, accept it.
is an adventure, dare it.
is luck, make it.
is too precious, do not destroy it.
is life, fight for it .*

- Mother Teresa

Ceo's Message

Dear friends,

I have had a fairly good life. No complaints. Wonderful parents. Intelligent brothers. Angel like wife. A son who makes me proud of being his father. A daughter (in law) who fitted in exactly the way I had imagined her to be. An organization and personnel of my dream. A few loving well wishers, a few loving families, a few loving children and a well meaning good friend (who, unfortunately, can never be mine). At its peak and beautiful level, I feel my life has come a full circle.

I am neither bored nor tired of life. I am at my best and believe that I have already savored every beautiful moment that life has bestowed on me. I am now at a point, where I am looking for something new and different.

Regards

Pratap Nair



Junior Speak

Dear friends,

The festive season is on in full swing. Beginning with Raksha Bandhan, right up to January 1, there are festivals at regular intervals. Now what we have left, to celebrate this year is international festivals like Christmas and New Year. Ever wonder why our ancestors created such festivals, year after year? Think about it and write to me.

I believe it was created to break the monotony in life and to bring in enthusiasm, excitement and interest in everything we do in life. To me, at home, festivity meant cleaning the house, buying new clothes, discarding the old things, greeting people, get-togethers with family and friends, etc. In fact, I feel, one needs to be ever enthusiastic, and always charged-up, in everything one does. Be it a sales call, attending a phone call, making a new quotation or a presentation, or doing a normal job.

People who've brought up FEI, to whatever it is today, did so because of the abundant enthusiasm they had. Shailaja madam used every festival to rekindle the enthusiasm by bringing these celebrations to office. Since we felt there is a lack of enthusiasm in our midst, we've decided to bring these celebrations of festivals, picnics, etc, back to FEI. Let's decide to be enthusiastic to take FEI to greater heights.

Chak de FEI

Respectfully,

Abhijeet

You have the power to make your life a success.

If there is one characteristic that all great champions share, it's an enormous sense of achievement. That's true in all walks of life. The people who excel are those who are driven to show the world – and prove to themselves – just how good they are.

The important thing is this: To understand that an important goal in life, is to be what we are, and to become what we are capable of becoming. Success is being who you are and feeling proud of yourself for every task and challenge that you face and conquer along the way.



Creativity



True creativity often starts where language ends.

Creativity consists largely of rearranging what we know, in order to find out, what we do not know. Hence, to think creatively, we must be able to look afresh at what we normally take for granted.

Creativity is inventing, experimenting, growing, taking risks, breaking rules, making mistakes and having fun.

Creativity comes from awakening and directing men's higher natures, which originate in the primal depths of the universe and are appointed by heaven.

Creativity means believing you have greatness. One of your most powerful inner resources is your own creativity.

Don't Quit

When things go wrong as they sometimes will;
When the road you're trudging seems all uphill;
When the funds are low, and the debts are high
And you want to smile, but have to sigh;
When care is pressing you down a bit-
Rest if you must, but do not quit.

Success is failure turned inside out;
The silver tint of the clouds of doubt;
And you can never tell how close you are
It may be near when it seems so far;
So stick to the fight when you're hardest hit-
It's when things go wrong that you must not quit.



Eating Right- The ayurvedic way!!!



- Ayurveda classifies all food into three broad categories namely Sattvic, Rajasic and Tamasic.
- Heat producing foods like ginger, pepper are rajasic.
- Alcohol, excess garlic, ice cream are tamasic in nature
- Food that is sweet and cooling like good quality milk, wheat and fruits are considered sattvic in nature.
- Ideally, a sattvic diet must be followed to have a calm mind and a healthy body.

A day with sattvic diet would be as follows:

- Start the day with brunch which could include roti or rice, seasonal vegetables and dal or other lentils.
- Fruits or tea around 3-4 pm
- Dinner preferably to be had before sunset.
- Complete the day with a glass of warm milk.
- Examine yourself at all points to know whether you are eating the right food.
- If the body feels light and energised after a meal, you are on the right track.
- If the body feels lazy and sleepy, be warned that the food you had was not right.
- Do not mix and match food combinations. Example: oily food with cold food; salty edibles with milk; sour food with sweet should not be had together.
- Quality of food is important, hence have organic and natural food, free from chemicals.

To summarise, this quote is a great pointer towards maintaining a healthy diet.

"One-quarter of what you eat keeps you alive. The other three-quarters keeps your doctor alive."
(Hieroglyph found in an ancient Egyptian tomb.)

Go Green



With everyone's carbon footprint getting larger, 'Saving our Planet' has become the key word for our generation. Here are some tips to help us go green and contribute to a cleaner and safer environment.

- Artificial lighting accounts for a high percent of electricity use in home and office buildings. Make it a habit to turn off the lights when not needed and utilize natural light when you can.
- Buy light bulbs and fixtures, which use at least two-thirds less energy than regular lighting.
- Donate or recycle old cell phones, computers, and other electronics, as E-waste contains mercury and other toxics and is a growing environmental problem.
- Make it a habit to turn off your computers, televisions and other appliances when not in use from the mains switch. Setting your computer to go to sleep automatically, during short breaks, can cut energy use by 70 percent.
- Make it a habit to write or print on both sides of a paper.
- Don't let the tap water run while brushing or washing dishes. Check for dripping faucets. Fixing a leak can save 300 gallons a month or more.



21-10-1931

Forever

Even before Mr.Sabeer Bhatia thought of hotmail and others thought about yahoo, our own Shammi Kapoor had made "Yahoo" a household name. "Different", "Entertainer par excellence", "dancing sensation", "Yahoo King" are some of the few thoughts that strike when we think of Shamsher Raj Kapoor or Shammi Kapoor, as we fondly know him.

Ever young at heart, he remains a source of inspiration even today, for his amazing dance moves. Images of the "Pan Parag" advertisement, the "Aaja Aaja Main Hoon Pyaar Tera" song where he twisted and turned, the absolutely crazy energy levels, instinctively pop up as we remember him. Battling chronic renal failure for years, the spirit of this great legend remained indefatigable. To quote him "Three days a week I go to the hospital for dialysis. But then I have four days to myself, which I enjoy." reflects the youthful spirit and positive attitude that Shammiji continued to display in adverse times. Extremely net savvy, he was the founder of many Internet organisations like Ethical Hackers Association and the Internet Users Community of India. A man way ahead of his times, sayonara Shammiji!!! Hope you continue to YAHOO where ever you are!!!



21-02-1955

Forever

A tech visionary, creative genius, imaginative entrepreneur, inventive innovator and co-founder of Apple Inc. Meet the man behind it all.....Steve Jobs. This man dressed in his trademark jeans and turtleneck, gave the world new ways to connect and communicate.

The iPad, iPod, iPhone, Macintosh Computers, iTunes Music Store, iTunes App Store are his brainchild. Jobs also worked his magic with Pixar Animation Studios, where he rejuvenated the ailing animation film industry. Pixar gave the world hits like A bug's life, Toy Story, Monster's Inc, The Incredibles, etc, under his guidance. He has been hailed as the modern day Henry Ford and Thomas Edison.

His body succumbed to pancreatic cancer on October 5, 2011. While the curtains may have come down on his life on earth, he will continue to be immortalized in Apple's ever-expanding range of products. To sum up in his own words "Death is the single best invention of life. It's life's change agent. It clears out the old to make way for the new." So take your final bow, Steve, as we acknowledge the power of i.

Memories Forever



05-01-1941

Forever

The Nawab of Pataudi was arguably one of the most inspirational cricketers of all time. He was fondly addressed as "Tiger Pataudi", for the brave and courageous attitude, he displayed on and off the cricket field.

He had a bright cricketing career ahead of him, but unfortunately, in 1961, at the age of 20, he was involved in a dreadful car accident, which permanently damaged his right eye. Despite losing his vision in one eye, the great man refused to lose sight of his dreams. He went on to make his test debut, and was soon declared as the captain of Indian cricket team, the youngest till date. Pataudi combined belligerence with elegance in his batting stance, and was flamboyance personified, during his reign.His career statistics fail to give justice to the excellence of the Nawab, as it was a culmination of all his efforts, which built self-confidence in the Indian team. India transformed itself from a world class side, to a world beating side. Mansur Ali Khan Pataudi, was truly, a legend, par extraordinaire, who shall continue roaring in our hearts, till time immemorial.



08-02-1941

Forever

"His voice makes you feel the presence of God around you.

He had the perfect voice for ghazal singing", thus spoke Shri. Anup Jalota.

According to Anup ji, these are some of Shri. Jagjit Singh's best and evergreen ghazals.

Dard se Mera daaman bhar de ya allah.....

Yeh kaghaz ki kashti

Tum itnaa jo muskura rahe ho

Shabe ghum mein mere allah basar bhee hogi

Chitthee na koyi sandes kahaan tum chale gaye

Hosh walo ko khabar kya.....

Mohabbat ka safar.....

Baat niklegi to Phir door talak jayegi

Ahista Ahista

8 ways to think outside the box

Study another industry

Learn about how things are done in other industries. You might find that many of the problems people in other industries face are similar to the problems in your own, but that they've developed different ways of dealing with them.

Learn about another religion

Learning about how such religions are structured can teach you a lot about how people relate to each other and the world around them. Starting to see the reason in another religion can also help you develop mental flexibility.

Take a class

Learning a new topic will not only teach you a new set of facts and figures, it will teach you a new way of looking at and making sense of aspects of your everyday life or of the society you live in.

Read a novel in an unfamiliar genre

Reading is a great mental stimulator. Try reading something you'd never have touched otherwise – if you read literary fiction, try a mystery or science fiction novel. Try to connect those problems in the story to problems you face in your own field.

Write a poem

Poetry neatly bridges our rational left-brain thought processes with our creative right brain processes. Though it may feel foolish, try writing a poem about the problem you're working on. The idea is to shift your thinking away from your brain's logic centers and mull over it in a non-rational way.

Draw a picture

Drawing a picture can help break your logical left brain's hold on a problem. Also, visualizing a problem engages other modes of thinking that we don't normally use, bringing you another creative boost.

Turn it upside down

Turning something upside-down, whether physically, by flipping a piece of paper around or metaphorically, by re-imagining it, can help you see patterns that wouldn't otherwise be apparent. For example, you might ask what a problem would look like if the least important outcome were the most important, and how you'd then try to solve it.

Work backwards

This is the key to backwards planning, for example, where you start with a goal and think back through the steps needed to reach it until you get to where you are right now.

- Courtesy ACE newsletter

LOL Moment

Son: Why do barbers become good drivers?

Father: Because they know all the short cuts..



The important things in life

A philosophy professor stood before his class with some items on the table in front of him. When the class began, he picked up a very large and empty mayonnaise jar and proceeded to fill it with rocks, about 2 inches in diameter. He then asked the students if the jar was full. They agreed that it was. So the professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles, of course, rolled into the open areas between the rocks. He then asked the students again if the jar was full. They agreed it was.

The professor picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else. He then asked once more if the jar was full. The students responded with a unanimous "Yes."

"Now," said the professor, "I want you to recognize that this jar represents your life. The rocks are the important things – your family, your partner, your health, your children – things that if everything else was lost and only they remained, your life would still be full.

The pebbles are the other things that matter – like your job, your house, your car.

The sand is everything else. The small stuff."

"If you put the sand into the jar first," he continued "there is no room for the pebbles or the rocks. The same goes for your life.

If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you. Pay attention to the things that are critical to your happiness.

Take care of the rocks first – the things that really matter. Set your priorities. The rest is just sand."

Growing in the Heart

I was sitting in a bus behind a mother and a little girl who seemed to be in a bad mood. The mother had blonde hair and the little girl was Asian.

- You don't love me! the little girl said angrily.
- Of course I do, honey! the mother kissed her on the cheek, -Why ever would you doubt that?
- The kids at school said that because I am adopted, you can't love me like a real mother!

The mother looked the little girl in the eyes and said:

-You know there is only one difference between you being born to me and being adopted. You know what that is?

The girl was quiet for a while and then asked in a sulky voice.

- What?
- Being adopted only means that instead of you growing in my tummy you grew in my heart.

The Central Adoption Resource Authority (CARA), Ministry of Women & Child Development is an autonomous body which deals with adoption of Indian children. It monitors and regulates in-country and inter-country adoptions.

For more information visit, <http://www.adoptionindia.nic.in/>



KIDZONE



The Gen Next Software Engineer Kshitij Khaladkar!!!!

Master Kshitij, son of Sandesh Khaladkar, is a multi talented teenager. Kshitij studies in the IES secondary school, Mulund and has achieved a scholarship in the 7th std, which speaks volumes about his academic brilliance. Excellence in all avenues is his trademark. So when he is not studying he loves to play cricket and computer games with his buddy Saurabh Joshi and dreams of becoming a software engineer to design and create innovative software. He has also learnt Mridangam and takes time out of his busy schedule to practice it.



All-rounder Princess Aditi Mishra!!!

One of the youngest kids, in our column so far, a tiny yet shining star Aditi, is the cute little daughter of Charu Mishra of our Ahmedabad branch. This two year old tot, attends the playgroup at Leap International School. She has found a cool playmate in her best friend Het Patel. She spends her time drawing and swimming and is also a budding dancer.

Lessons from a Pencil and Eraser



Pencil: I'm sorry.

Eraser: For what? You didn't do anything wrong.

Pencil: I'm sorry because you get hurt because of me. Whenever I make a mistake, you're always there to erase it. But as you make my mistakes vanish, you lose a part of yourself. You get smaller and smaller each time.

Eraser: That's true. But I don't really mind. You see, I was made to do this. I was made to help you whenever you do something wrong. Even though one day, I know I'll be gone and you'll replace me with a new one, I'm actually happy with my assigned job. So please, stop worrying. I hate seeing you sad, dear.

Parents are like the ERASER and Children are the PENCIL!!!

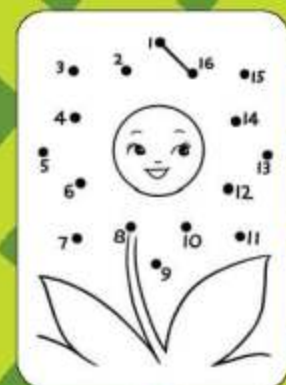
They are always there for their children, cleaning up their mistakes. Sometimes along the way, they get hurt and become smaller / older, and eventually pass on. Though their children will eventually find someone new (spouse) but parents are still happy with what they do for their children and will always hate seeing their precious ones worrying or sad.

May the erasers live longer and the pencils write good things!!!



-Contributed by Gina Maria Ajith, daughter of Ms. Sheen Ajith Thomas of International Division

Connect the dots!!!



Education needs a push

We are no doubt heading to the position of a super power along with China, Russia and Brazil. Economically we will reach our destination, perhaps sooner than we expect. The problem remains that historically economic growth cannot be sustained without social development. Education is at the root of social development.

All that is required today is a spark that can touch off a revolutionary explosion at grassroots school facilities. We do have a million schools in the country but then we also have a very high rate of dropouts, one in every five children who enrol.

We run the world's largest education systems no doubt but as it touches the upper reaches at college education level especially the professional courses, the pernicious impact of commercialism erodes the quality of the products they churn out. A large number of politicians and businessmen have entered the arena to run colleges and educational institutions since they are better sources of investment.

Being in a position to lay down policies in respect of the development of education, they have segregated the educational field into aided courses and non-aided courses, and made the latter into a highly remunerative system of enriching themselves.

Professional courses must be run by professional- not by illiterate administrators, who will only look for avenues to increase revenue for their proprietors. The result is that "professors" with no practical experience of the subjects they are to teach are engaged, since they come cheaper, than the experienced professionals. At the university level, the students for these courses are given liberal marks to ensure that they pass.

At the lower levels, the same system prevails, wherever it is convenient for the management. Government rules concerning appointment of suitable teachers always come with a rider, which provides the loophole for the managements to subvert the system.

Education is a concurrent subject, between the Union and the State governments and both have their vested interests- not in providing the best system for the students but in exacting the most out of it.

Education is vital for the creation of a new ethos in every citizen, to create a class of citizens who can sustain the projected economic growth rate of 10%. No state development has a specific policy for the ethical development of the child at the school level. There is no central direction either in this matter.

There are genuine problems in reaching out to every child in the country to ensure that he or she is at school till the age of 15. The vastness of the country and the diversities in customs, practises and outlook of the people are factors that inhibit our growth.

There are about seven lakhs of villages in the country and half of them have a population of less than 400 of whom less than a hundred would be of school going age. Providing a regular school would be difficult. For this, the state must have the will to maintain a school even at that level, if it has to sustain its dream of becoming a super power.

Instead of ensuring that every child of school going age should be in school, the government has been steadily cutting down on its educational budget. During the Fourth Plan, the centre had allocated 25% for education alone; by the eighth plan it dropped to 8%. Not many politicians who are keen to run colleges in the metropolises of the country are known to be keen to open primary schools in their constituencies and ensure that they are well funded.

The traditional universities are now in a transitional phase- with the internet, and technological advances in Information Technology. As of now the Union Government has no specific policy of how to utilise these advances to the best advantage of the millions of students of tomorrow. They do not seem to give a thought to the innumerable educational institutions in the country that are run ineffectively and inefficiently.

This is the time for all well intentioned NGO's to come into the field and chip in their might to seek to provide the best education possible for the students of the future. There are many old students Associations in several organizations I know which are doing excellent work to give back their alma mater something of what they got out of it. This effort needs to be encouraged and institutionalised.

Instances of handsome donations being made by some of the corporate czars of the country to let their alma mater abroad have been reported lately. Perhaps a consortium of these very corporate heads could be promoted to ensure that education is given the very importance that it needs in nation building today. Many of them do spend a lot of money under the heads Corporate Social Responsibility in their own way for their chosen projects. The face of education in this country could change if for the next five years a hundred of the biggest corporate in the country earmark their CSR funds for the promotion of education in the country. They could also help churn out a better breed of Indians with high moral and ethical principles. All for the good of the country.

-P.K.Ravindranath, well-known author and Journalist (You also know him through "She The Incredible")

A Shailaja Nair Foundation Initiative



Shailaja Nair Foundation sponsored the Corporate Social Responsibility Award at the MALA Awards 2011. The award was presented by Vidhi Nair, Director, Shailaja Nair Foundation.

Logistics News

- Indian exports are estimated to have increased 52 % to \$ 160 billion, during the first half of the current financial year, driven by engineering goods and petroleum products.
- The government has announced a Rs. 900-crore package for exporters, to help them tide over the slowdown, in developed markets and rising input costs.
- Karaikal Port Private Ltd., launched container handling services under the public-private partnership mode. The new facility will link the port to key overseas import and export destinations of the world and also domestic destinations like Visakhapatnam.



Did you know?

- Aden's history as a trading centre stretches back over 3000 years. In the 1800's, Port of Aden grew as a ship fuelling port, holding coal and water supplies for the early steamers. Port services expanded further, after the opening of the Suez Canal in 1869. By the 1950's, it became one of the busiest ship bunkering and tax-free-shopping and trading ports in the world.

Quiz time

- Answer to last month's quiz:

$$5+5+5=550$$

Can you make the equation correct by placing just one stroke?

Ans. Put a stroke on the first plus sign, i.e. $545+5=550$

Quiz

- What can you catch but not throw?

Send in your quiz answers to feiduniya@feicargo.net. For every correct answer, you will get 5 points. Keep collecting your points with every issue. When your score goes up to 80 points, you will receive a SURPRISE GIFT. So what are you waiting for?? Come on. Tickle your Brain

Chef's Corner

Bread Chops

Ingredients: Bread slices

Leftover dry diah (veg or non veg)

Oil for deep frying

Water as required



Method:

- Dip a bread slice in a bowl of water and remove immediately. Squeeze out the excess water from the slice.
- Place a heaped tablespoon of the leftover dry dish in the centre of the bread slice and roll with palm to form a cylindrical shaped chop.
- Roll the chop in the rava to coat it. For best results, refrigerate for about an hour, so that the rava coating sticks to the chop.
- Heat oil in a kadai and deep fry the chops till crisp and golden in colour.
- Remove and keep on absorbent paper.
- Serve the chops along with ketchup.

-by Master Chef Kushagra Saraf Shreshtha
FEI Mumbai



Heartly congratulations to Vidhya Suvarna of our International Division, who is blessed with a baby boy, Swaraj.

Birthday boy



He is a fresher with a keen desire to learn and progress, a colleague who is patient, enthusiastic and ever ready to help all the others in office.

The seniors agree that the young man listens to their advice and suggested corrections with the right attitude and always tries to improve his performance. His flexible movements and amazingly high energetic jumps like a bouncing spring, make him the star of our FEI Laughter Club. One of the few people who can instantly bring a smile to faces with his cheerful attitude. All this and more summarizes our birthday boy for the month, Ashwini Kumar Rai. FEI needs more such Ashwini's to make working in office a pleasing experience. If you want to wish him on his special day, please call on 9321758399. We wish Ashwini a successful future!!!

Birthdays

N. Krishnama Chary	Hyderabad	5 Nov
Bharatsingh Zala	Ahmedabad	7 Nov
Ashwini Kumar Rai	Mumbai	8 Nov
Dilawar Inamdar	Mumbai	11 Nov
Satish W. Rane	Mumbai	19 Nov
Rajaram Gadge	Mumbai	20 Nov
Chirag Kakade	Baroda	22 Nov
Balaji Mudaliar	Ahmedabad	29 Nov

Wedding Anniversaries

Harish and Roma Gianani	Ahmedabad	10 Nov
Santosh Kumar Tayde	Ahmedabad	11 Nov
Mansi C Jani	Ahmedabad	23 Nov
Gajraj Singh	Delhi	30 Nov

New Members

Brenda Rocha	Mumbai
Sandeep V. Sawool	Mumbai

FEI Activity

Puja at Hyderabad office.



The core rule of perpetual success is aiming higher and so is the motto of FEI. To explore the plethora of opportunities, the company re-opened its office in Hyderabad. Before commencing the actual business activity, the blessings of the Almighty was sought, by a offering a puja on 29.09.2011. The puja began at 09:00 a.m. and was attended by Mr. Pratap Nair, Mr. Abhijeet and Mrs. Vidhi Nair and the staff of Hyderabad branch. To grace the occasion, Mr. V. Anantha Narayan, the CEO of GMP Engineering and Management Services and a good friend of Mr. Nair, also attended the puja. The puja went on for 2 hours, followed by a Havan.

Mr. Pratap Nair then shared his experience of building and managing the company and his grit and determination to get things done. The staff at Hyderabad office was really motivated and looks forward to achieving greater heights.

- as contributed by Jayesh Patil,
FEI Hyderabad

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The views and opinions expressed in FEI Duniya are not necessarily those of the editor, publisher or the organization. Any health tips given in the magazine should not be substituted for the advice of a medical professional.

Do take time to visit these websites:

www.feicargo.in, www.shallajanair.com, www.iceawards.in,
www.devotionalharmony.com, www.thejulyclub.com, www.shetheincredible.com

A blast from the past



This is an 18th century Bill of Lading, for casks of wine, shipped by United States Consul to Lisbon, Portugal, from William Jarvis to Thomas Jefferson.

Here is a page from one of Leonardo Da Vinci's journals, where he jotted down all his ideas and theories. This is an example of his technical drawings.

