

FEI DUNIYA



IT'S YOUR WORLD

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No

COMPROMISE

Acceptance is the Key for handling life well



When we don't accept an undesired event, it becomes Anger.

When we accept it, it becomes Tolerance.

When we don't accept uncertainty, it becomes Fear.

When we accept it, it becomes Adventure.

When we don't accept other's bad behavior towards us,
it becomes Hatred.

When we accept it, it becomes Forgiveness.

When we don't accept other's Success, it becomes Jealousy.

When we accept it, it becomes Inspiration.

Acceptance is the key for handling life well.

The Psychology of Free

A plane made an emergency landing on water. Air hostess asked the passengers to slide down to the life boats, but the passengers refused. Air hostess then asked the captain to help. The captain being very knowledgeable and experienced, guided her -

- #. You tell the Americans this is an ADVENTURE.
- #. Tell the British this is an HONOUR.
- #. Tell the French this is a ROMANTIC activity, and
- #. Tell the Germans this is the LAW.
- #. Tell the Japanese this is an ORDER, and everyone will be sorted out.

Can I convince the Pakistanis?
Yes dear, just whisper, " This is a suicide mission."
" And what about the Singaporeans? ", she persisted.



The captain, taking a deep breath, patiently explained -
" You need not tell the Singaporeans anything my dear, once they see a QUEUE, they will join it without questions."
Air hostess remembered the flight had some passengers from India. " What about them ", she asked.
The captain laughed.
" Easy, just tell the Indians this activity is FREE."

CORONAVIRUS

Coronaviruses (CoV) are a large family of viruses that cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV). Coronavirus disease (COVID-19) is a new strain that was discovered in 2019 and has not been previously identified in humans. Coronaviruses are transmitted between animals and people. Common signs of infection include respiratory symptoms, fever, cough, shortness of breath and breathing difficulties. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death. Standard recommendations to prevent infection spread include regular hand washing, covering mouth and nose when coughing and sneezing, thoroughly cooking meat and eggs. Avoid close contact with anyone showing symptoms of respiratory illness such as coughing and sneezing.

Basic protective measures against the new coronavirus

- *Wash your hands frequently*
- *Maintain social distancing*
- *Avoid touching eyes, nose and mouth*
- *Practice respiratory hygiene*
- *If you have fever, cough and difficulty breathing, seek medical care early*
- *Stay informed and follow advice given by your healthcare provider*



Myth Busters

- COVID-19 virus can be transmitted in areas with hot and humid climates.
- Cold weather and snow CANNOT kill the new coronavirus.
- Taking a hot bath does not prevent the new coronavirus disease
- The new coronavirus CANNOT be transmitted through mosquito bites.
- Hand dryers are not effective in killing the virus.
- UV lamps should not be used to sterilize hands or other areas of skin as UV radiation can cause skin irritation.
- Thermal scanners are effective in detecting people who have developed a fever (i.e. have a higher than normal body temperature) because of infection with the new coronavirus.
- Spraying alcohol or chlorine all over your body will not kill viruses that have already entered your body.



- People of all ages can be infected by the new coronavirus (2019-nCoV). Older people, and people with pre-existing medical conditions (such as asthma, diabetes, heart disease) appear to be more vulnerable to becoming severely ill with the virus.
- To date, there is no specific medicine recommended to prevent or treat the new coronavirus (2019-nCoV).



World Wide Impact



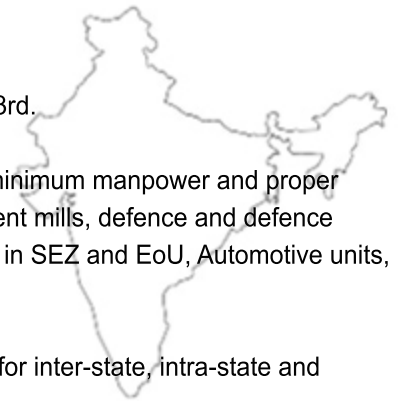
The virus which has its origins from Wuhan in China, has spread to over 170 countries around the world. More than 2 Million people have been afflicted by the virus, with over 30,000 succumbing to the disease. USA has presently the most numbers of victims, whilst India presently has over 12,000 cases.

Steps taken by the Indian Government

The Government of India has announced a complete lock down for the entire country until May 3rd.

From April 20th, the government has relaxed the lockdown measures for specific industry with minimum manpower and proper sanitation and safe distance norms, such as heavy engineering, telecom equipment, steel, cement mills, defence and defence ancillaries, Pulp and paper, paints and dyes, food and beverages, Gems and Jewellery, All units in SEZ and EoU, Automotive units, Seeds processing etc.

All transport vehicles of all sizes both for essential and non-essential services will be permitted, for inter-state, intra-state and intra-city. Warehouses, Ports, CFS's and ICD's will be permitted to remain open.



Validity of expired Driving Licences and Vehicle Registration Extended Till June 30

The Ministry of Road Transport and Highways has extended the validity of documents like driving licenses, permits and registration that expired since February 1. In an advisory to all states and Union Territories, the Ministry has asked them to treat such documents as valid till June 30. The decision was taken to facilitate people facing difficulties in renewing the validity of various motor vehicle documents due to nationwide lockdown in the country and closure of government transport offices.



The documents include fitness, permits (all types), driving licence, registration or any other concerned document under the Motor Vehicle Rules. The ministry has requested all states to implement the advisory in "letter and spirit" so that the people and transporters and organisations rendering essential services do not get harassed and face difficulties.

Run Your Own Race

I was jogging this morning and I noticed a person about half a km ahead. I could guess he was running a little slower than me and that made me feel good, I said to myself I will try catch up with him. So I started running faster and faster. Every block, I was gaining on him a little bit. After just a few minutes I was only about 100 feet behind him, so I really picked up the pace and pushed myself. I was determined to catch up with him.

Finally, I did it! I caught up and passed him. Inwardly I felt very good. "I beat him". Of course, he didn't even know we were racing. After I passed him, I realized I had been so focused on competing against him that

I had missed my turn to my house,
I had missed the focus on my inner peace,
I missed to see the beauty of greenery around,
I missed to do my inner soul searching meditation,

and in the needless hurry stumbled and slipped twice or thrice and might have hit the sidewalk and broken a limb. It then dawned on me, isn't that what happens in life when we focus on competing with co-workers, neighbor's, friends, family, trying to outdo them or trying to prove that we are more successful or more important and in the bargain we miss on our happiness within our own surroundings?



We spend our time and energy running after them and we miss out on our own paths to our given destination. The problem with unhealthy competition is that it's a never-ending cycle.

There will always be somebody ahead of you, someone with a better job, nice car, more money in the bank, more education, a prettier wife, a more handsome husband, better behaved children, better circumstances and better conditions etc.

But one important realization is that you can be the best that you can be, when you are not competing with anyone. Some people are insecure because they pay too much attention to what others are, where others are going, wearing and driving, what others are talking. Take whatever you have, the height, the weight and personality. Accept it and realize, that you are blessed.

Stay focused and live a healthy life. There is no competition in Destiny. Each has his own Comparison AND Competition is the thief of JOY.

It kills the Joy of Living your Own Life.

Run your own Race that leads to Peaceful, Happy Steady Life.

Amazing English

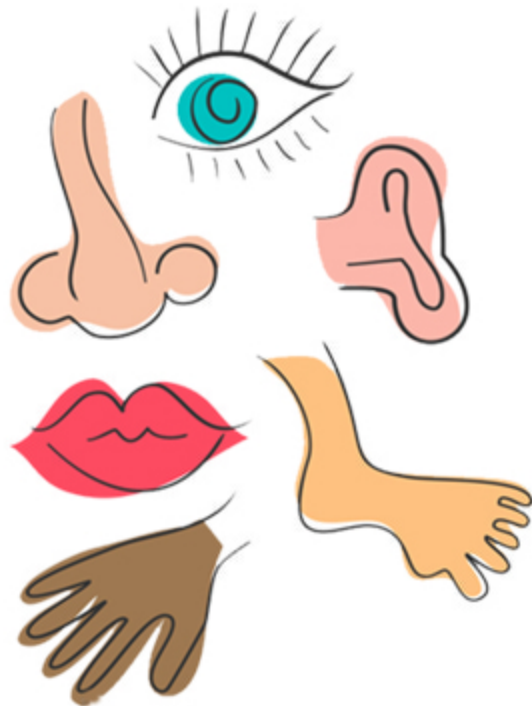
WHEN BODY PARTS ARE USED AS VERBS

Many parts of the body can be used as verbs in either a physical or a metaphorical sense.

You can **head** a company, but if things go wrong you'll have to **shoulder** the blame, or **face** your investors. A good leader will **back** his employees, but if you don't **toe** the line the management can **skin** you.

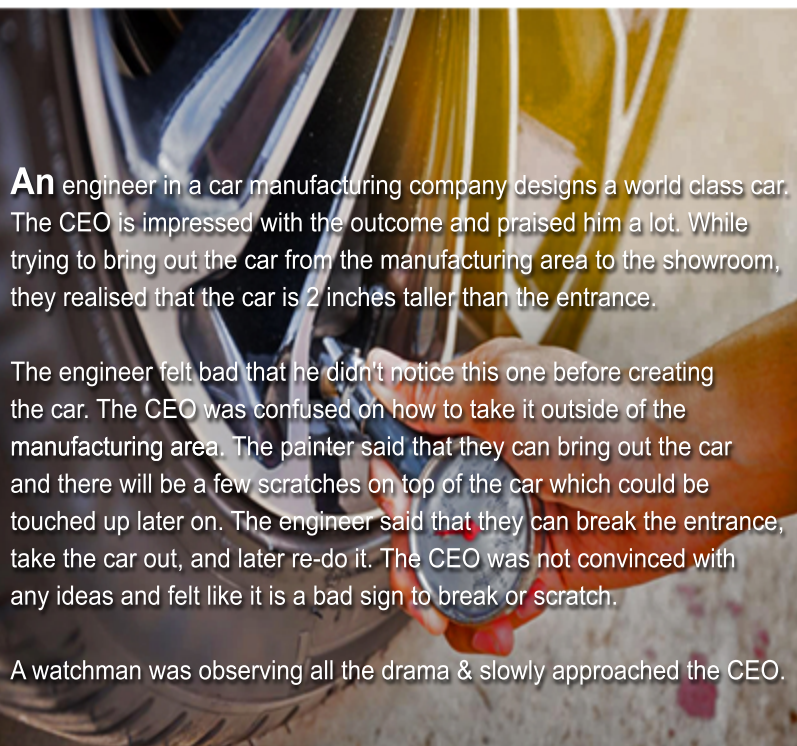
Did you **muscle** your way into that job? You might **eye** someone suspiciously, or wait for the police to **finger** a suspect. But if you need to get out of town, you can **thumb** a ride or you can ride with me if you can **stomach** the thought.

Use strong **arm** tactic if you want to **elbow** out someone. I don't always sing along with the radio, but I sometimes do **mouth** the words.



That's Amazing English!

"Adjusting The Height" (Attitude)



An engineer in a car manufacturing company designs a world class car. The CEO is impressed with the outcome and praised him a lot. While trying to bring out the car from the manufacturing area to the showroom, they realised that the car is 2 inches taller than the entrance.

The engineer felt bad that he didn't notice this one before creating the car. The CEO was confused on how to take it outside of the manufacturing area. The painter said that they can bring out the car and there will be a few scratches on top of the car which could be touched up later on. The engineer said that they can break the entrance, take the car out, and later re-do it. The CEO was not convinced with any ideas and felt like it is a bad sign to break or scratch.

A watchman was observing all the drama & slowly approached the CEO.

He wanted to give an idea if they had no problem. They wondered what this guy would tell them that the experts could not give.

The watchman said " The car is only a few inches taller than the entrance so, simply release the air in the tyre, the height of the car will sink and can be easily taken out "...

Everyone clapped!!!

Don't analyse the problems only from an expert point of view alone. Life issues are also the same....

Think Simple...

Do Simple and Live Simple

Release some Air ... It could be our 'anger' our 'disappointments'... our 'egos'... our 'confusions' ... In the end it's all about "Adjusting the Height" (Attitude), to make things easier in life and un-complicate the things in life.

Because Originally, we are Happy Souls

Hanuman Chalisa & Gayatri Mantra



World's Biggest Scientific research on Hanuman Chalisa and Gayatri Mantra.
Any one who knows the Hanuman Chalisa?

In Hanuman Chalisa, it is said :

"Yug sahastra yojan per Bhanu!
Leelyo taahi madhur phal janu!!
1 Yug = 12000 years
1 Sahastra = 1000
1 Yojan = 8 Miles
Yug x Sahastra x Yojan = par Bhanu
12000 x 1000 x 8 miles = 96000000 miles
1 mile = 1.6kms
96000000 miles = 96000000 x 1.6kms =
96000000 miles/1536000000 kms to Sun

NASA has said that, it is the exact distance between Earth and Sun (Bhanu). It is really interesting how accurate and meaningful our ancient scriptures are. Unfortunately barely it is recognized, interpreted accurately or realized by any in today's time...

The GAYATRI MANTRA" the most powerful hymn in the world Dr.Howard Steingeril, an American scientist, collected Mantras, Hymns and invocations from all over the world and tested for their strength in his Physiology Laboratory & Hindu's Gayatri Mantra produced 110,000 sound waves /second... This was the highest and was found to be the most powerful hymn in the world.

Through the combination of sound or sound waves of a particular frequency, this Mantra is claimed to be capable of developing specific spiritual potentialities.The Hamburg university initiated research in to the efficacy of the Gayatri Mantra both on the mental and physical plane of CREATION...

The GAYATRI MANTRA is broadcasted daily for 15 minutes from 7 P.M. onwards over Radio Paramaribo, Surinam, South America for the past two years, and in Amsterdam, Holland for the last six months.

"Om Bhoor Bhuwah Swah, Tat Savitur Varenyam, Bhargo Devasya Dheemahi, Dhiyo Yo Nah Pra-chodayaat !"

" It's meaning:

God is dear to me like my own breath, He is the dispeller of my pains, and giver of happiness.I meditate on the supremely adorable Light of the Divine Creator, that it may inspire my thought and understanding."

The above information is worth circulating and sharing with one and all!

How rich and wonderful are our Vedas.



Dear Kartikarani Mani Pillai, you share your birthday with Clint Eastwood, an Academy award winning American actor, director, producer and investor.

Positive personality , quick learner and charming. I wish she shines well in her professional and personal life. - **Smita Pillai**

Sending you smiles for every moment of your special day...Have a wonderful time and a very happy birthday my dear Rani!" - **Smija Abhilash**

On your special day I wish you will achieve goals and Success. You Have Good smile, Friendly nature, Mingle with everyone, Best Team Leader. I wish God give More Success and Blessings. Happy birthday - **Akshay Maykal**

Wishing you a happy birthday with full of laughter and happiness and a year that brings you much success in your life our one and only dimple girl!!! - **Chandani Dixit**

A lady with a simple attitude and a thirst to keep learning, Kartika has been a pleasant addition to our team. We wish her a wonderful year full of health, joy and success- **Abhijeet Nair**

HAPPY
Birthday



Kartikarani Mani Pillai

BIRTHDAY BOYS / GIRLS

M. Karthikeyan	Chennai	1st May
Basanta Pradhan	Corporate	2nd May
Vrushali Phansekar	Corporate	2nd May
P. Ramesh	Hyderabad	2nd May
Rashmi Ghatbane	Mumbai	3rd May
Leena Kamble	Mumbai	3rd May
K. Suresh	Chennai	4th May
K. Krunal	International Div.	4th May
Laxman Chavan	Mumbai	5th May
Sudhakar Bhansode	Mumbai	7th May
Awdhut Pawale	Corporate	9th May
Vimala Chauhan	Corporate	10th May
Maruti Thali	Mumbai	11th May
Manoj Patil	Ahmedabad	13th May
Akshay Myakal	Corporate	14th May
Nikhil Yogeshwari	Baroda	16th May
Nawal Kishore	Baroda	19th May
Preeti Prasad	Baroda	22nd May
Dattatray Shinde	Mumbai	26th May
Mamata Pendurkar	Corporate	26th May
Rajendra Jadhav	Mumbai	28th May
Kartikarani Pillai	Corporate	31st May

THEY TIED THE KNOT

Lahu Mulay	Mumbai	1st May
Sachin Naik	Mumbai	1st May
Leena Kamble	Mumbai	3rd May
Subhash Chander	Delhi	3rd May
Santhosh Jadhav	Mumbai	4th May
Dadabhau Ghule	Mumbai	4th May
Dattatrya Mulay	Mumbai	4th May
Mamata Pendurkar	Corporate	8th May
Rajendra Jadhav	Mumbai	8th May

THEY TIED THE KNOT

Sunil Sanap	Mumbai	9th May
Renu Gurdasani	Mumbai	10th May
Farooque Vala	Ahmedabad	11th May
Awdhut Pawale	Corporate	11th May
Dilip Atkari	Mumbai	11th May
Kishor Tharu	Mundra	11th May
Nikhil Yogeshwari	Baroda	12th May
Baban Shinde	Mumbai	12th May
Biju Thomas	Baroda	13th May
Arnab Majumder	Mumbai	14th May
Snehal Mokashi	Mumbai	15th May
Bondada Mangaraju	Hyderabad	16th May
Mital Butch	Mundra	16th May
P. Ramesh	Hyderabad	17th May
Ganesh Dhokane	Pune	17th May
Rekha Chaudhary	Delhi	18th May
Darmesh Joshi	Mumbai	18th May
Ashok Garje	Mumbai	18th May
Nisha Giri	Corporate	19th May
Laxman Gite	Mumbai	19th May
M.G. Satheesha	Bangalore	20th May
Nawal Kishore	Baroda	20th May
Manoj Patil	Ahmedabad	21st May
Raju Dhabade	Mumbai	23rd May
Atul Kane	Mumbai	23rd May
Vijay Talawadekar	Mumbai	24th May
Indravadan Mesariya	Baroda	25th May
Pramod Prajapati	Ahmedabad	26th May
Arjun Pathak	Delhi	26th May
Om Prakash	Delhi	28th May
N Krishnamachary	Hyderabad	29th May
Jithin P	Corporate	30th May