



FEI DUNIYA

IT'S YOUR WORLD

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Laugh

share

Eat well

kiss

Respect others

Be humble

Forgive

Give
Love

Be positive

Dream Tall

Be kind

Respect nature

Be curious

Be nice

Meditate

Shine

Enjoy life

Do good
deeds

Drink up

Have
fun

Teach

Day dream

**Be
yourself**

jump

Stretch

Dance

Play

SING

Breathe

CARE

Open up

rest

Be flexible

GREET EACH DAY WITH A SMILE.





FEMI OTEDOLA

When Nigerian billionaire Femi Otedola in a telephone interview, was asked by the radio presenter, "Sir what can you remember that made you the happiest man in life?"

Femi said:

"I have gone through four stages of happiness in life, and finally I understood the meaning of true happiness."

The first stage was to accumulate wealth and means. But at this stage I did not get the happiness I wanted.

Then came the second stage of collecting valuables and items. But I realised that the effect of this thing is also temporary and the lustre of valuable things does not last long.

Then came the third stage of getting big projects. That was when I was holding 95% of diesel supply in Nigeria and Africa. I was also the largest vessel owner in Africa and Asia. But even here I did not get the happiness I had imagined.

The fourth stage was the time a friend of mine asked me to buy wheelchairs for some disabled children. Just about 200 kids.

At the friend's request, I immediately bought the wheelchairs.

But the friend insisted that I go with him and hand over the wheelchairs to the children. I got ready and went with him.

There I gave these wheelchairs to these children with my own hands.

There I saw a strange glow of happiness on the faces of these children. I saw them all sitting on the wheelchairs, moving around and having fun.

It was as if they had arrived at a picnic spot where they are sharing a jackpot winning.

I felt REAL joy inside me.

When I decided to leave one of the kids grabbed my legs.

I tried to free my legs gently but the child stared at my face and held my legs tightly.

I bent down and asked the child:

Do you need something else?

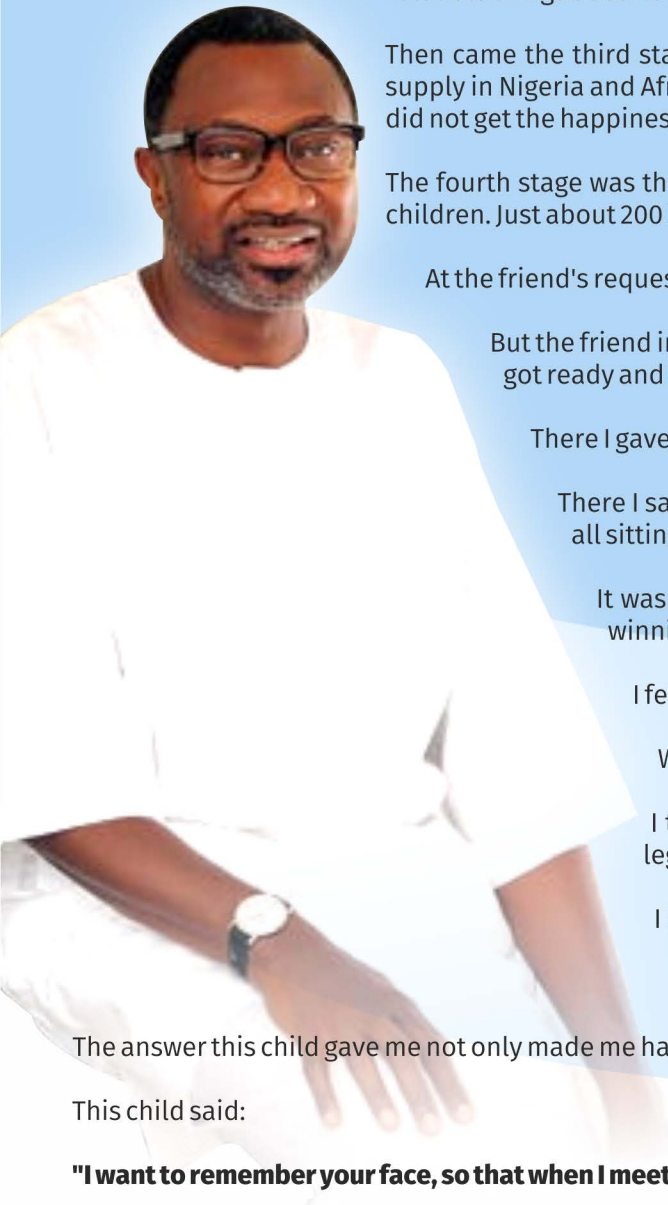
The answer this child gave me not only made me happy but also changed my attitude to life completely.

This child said:

"I want to remember your face, so that when I meet you in heaven, I will be able to recognise you and thank you once again."

What would you be remembered for after you leave that office or place?

Will anyone desire to see your face again where it all matters?



SURYA NAMASKAR

1. PRANAMASANA

(Inhale & Exhale) Anahata (Heart)
Induces a sense of calm and introspection.



12. PRANAMASANA

(Exhale) Anahata (Heart)
Induces a sense of calm and introspection.



2. HASTA UTTHANASANA

(Inhale) Vishuddhi (Throat)
Stretches the chest & abdomen
lifting the Prana to the upper body.



11. HASTA UTTHANASANA

(Inhale) Vishuddhi (Throat)
Stretches the chest & abdomen lifting
the Prana to the upper body.



3. PDAHASTASANA

(Exhale) Muladhara (Root)
Stretches hamstrings and
blood flows to the brain.
Prana travels to
the lower body.



10. PDAHASTASANA

(Exhale) Muladhara (Root)
Stretches hamstrings and
blood flows to the brain.
Prana travels to the lower body.



4. ASHWA SANCHALANASANA

(Inhale) Ajna (Third Eye)
Improves hip flexibility
and stretches grain muscles.



9. ASHWA SANCHALANASANA

(Inhale) Ajna (Third Eye)
Improves hip flexibility and
stretches groin muscles.



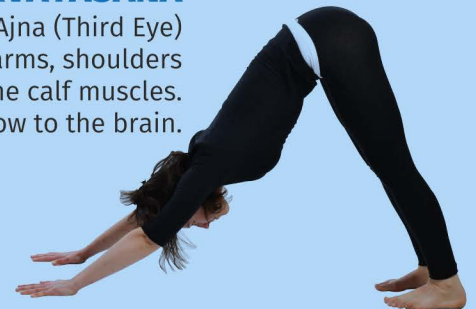
5. ADHO MULHA DANDASANA

(Hold breath in) Vishuddhi (Throat)
Strengthens core abdominal muscles,
arms, wrists, upper back & neck.



8. PARVATASANA

(Exhale) Ajna (Third Eye)
Strengthens arms, shoulders
& legs & stretches the calf muscles.
Increases blood flow to the brain.



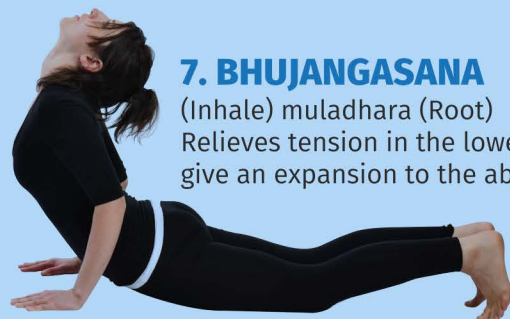
6. ASHTANGASANA

(Exhale) Swadhisthana (Spleen)
Increases blood flow to the chest and
strengthens the arms & shoulders



7. BHUJANGASANA

(Inhale) muladhara (Root)
Relieves tension in the lower back &
give an expansion to the abdomen & chest.



WORLD'S LARGEST, SMALLEST, SHORTEST, TALLEST ETC



Largest Continent

Asia

Tallest Waterfall

Angel Falls

Smallest Continent

Australia

Highest Mountain

Mount Everest

Largest Ocean

Pacific Ocean

Largest Fresh Water Lake

Lake Superior

Smallest Ocean

Arctic Ocean

Deepest Ocean

Pacific Ocean

Largest Country

Russia

Largest Bay

The Bay of Bengal

Largest Lake

caspian Sea

Smallest Country

Vatican City

Largest Island

Greenland

Largest River

Nile

Shortest River

Roe

Largest Gulf

Gulf of Mexico

Largest Peninsula

Arabian Peninsula

Longest River

Amazon

Deepest Underwater Trench

Mariana Trench



**WE GRIEVE THE PASSING AWAY
OF**

Mr. Shantaram Sakharam Salaskar
father of **Mr. Sandesh Salaskar**
(Corporate) on 09/09/2022

**WE AT FEI OFFER OUR
HEARTFELT CONDOLENCES.**



ONAM CELEBRATION @ FEI



AHMEDABAD



BANGALORE



CHENNAI



KOCHI



KOLKATA



NATION ABOVE POLITICS

India was on the verge of getting bankrupt in 1991.

The then Congress Prime Minister Narsimha Rao called Finance Minister Manmohan Singh and asked how much money is there in the treasury.

Manmohan Singh said, very little to enable us to run the country for about 09 days only.

Narasimha Rao got tensed and asked how to deal with this situation?

Manmohan Singh said that the value of the country's rupee should have to fall by 20%.

Narasimha ji said, okay call the cabinet meeting and we will seek approval.

To which Manmohan ji said, if we arrange a cabinet meeting, we will not be able to take these tough decisions. All ministers will address their vote banks and won't agree to it. So as the PM, you have to take this critical decision.

Narasimha ji paused for a while, and asked Manmohan ji to leave. Manmohan ji went to his office. After about 20 minutes, the PM's secretary went to Manmohan ji and handed over a letter. In that letter Narasimha Rao Ji had written, "Done"!

Manmohan ji got surprised, how could the PM gather the courage to say 'YES' even without getting nod of cabinet ministers?

That could upset many top leaders of Congress.

He rushed to PM's office again and asked what happened within these 20 minutes that led you to say YES?

Narasimha ji said, it was quite easy. I just spoke to the opposition leader, Atal Bihari Bajpai ji, and he said YES.

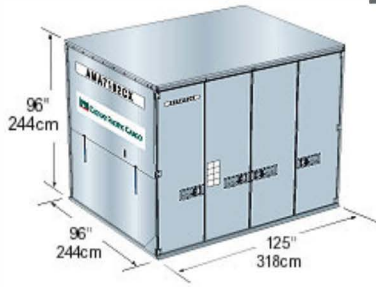
Manmohan ji asked, does that mean you look at Atal ji more than your own cabinet?

Narasimha ji said, I know he is the only person who will speak in the interest of the country.

It happens that after the announcement of this drastic decision to firefight bankruptcy, the Atal ji led opposition never organized a protest movement, but supported the government to bring the country's economy back on track.



UNIT LOAD DEVICES FOR AIRLINES

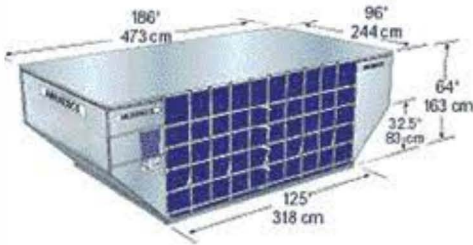
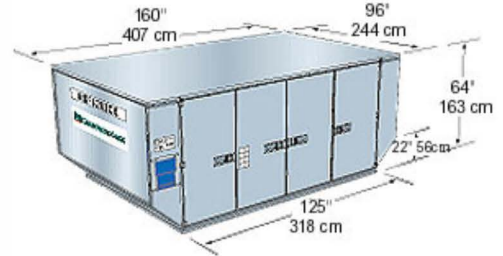


L: 125" (318cm)
W: 96" (244cm)
H: 96" (244cm)

Type: AMA CONTAINER
ATA Code: M1
Internal Volume: 621 cu. ft. | 17.58 mc
Tare Weight: 360kg
Weight Limitation Inc. ULD Tare Weight: 6,804 kg
Loadable Aircraft Type: 747F

Type: AMF CONTAINER
Internal Volume: 516 cu. ft. | 14.6 mc
Tare Weight: 330kg
Weight Limitation Inc. ULD Tare Weight: 5,035 kg
Loadable Aircraft Type: 747, 747F, 777, Airbus

L: 160" (407cm)
W: 96" (244cm)
H: 64" (163cm)

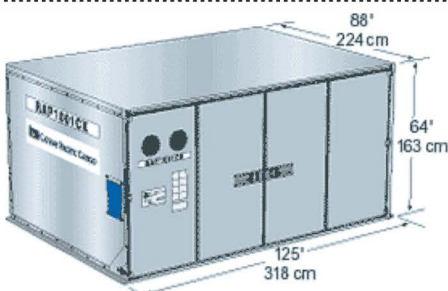
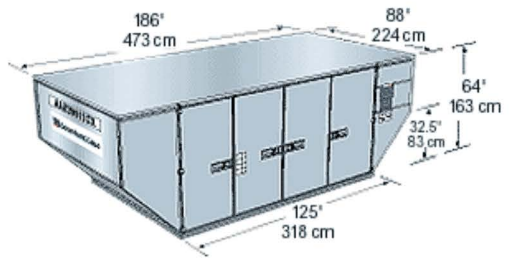


L: 160" (407cm)
W: 60.04" (154cm)
H: 64" (163cm)

Type: ALF CONTAINER
ATA Code: LD6
Internal Volume: 310 cu. ft. | 8.78 mc
Tare Weight: 155 kg
Weight Limitation Inc. ULD Tare Weight: 3,175 kg
Loadable Aircraft Type: 747, 747F, 777, Airbus

Type: AAU CONTAINER
ATA Code: LD29
Internal Volume: 505 cu. ft. | 14.3 mc
Tare Weight: 355 kg
Weight Limitation Inc. ULD Tare Weight: 4,626 kg
Loadable Aircraft Type: 747, 747F

L: 186" (473cm)
W: 88" (224cm)
H: 64" (163cm)

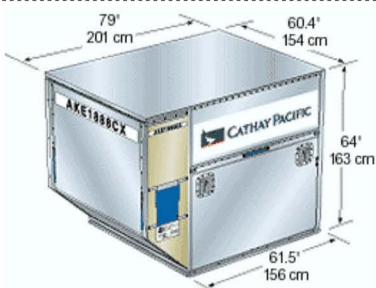
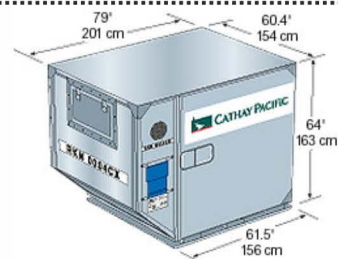


L: 125" (318cm)
W: 88" (224cm)
H: 64" (163cm)

Type: RAP COOLTAINER
ATA Code: LD9
Internal Volume: 352 cu. ft. | 9.2 mc
Tare Weight: 330kg
Weight Limitation Inc. ULD Tare Weight: 4,626 kg
Loadable Aircraft Type: 747, 747F, 777 Airbus

Type: RKN COOLTAINER
ATA Code: LD3
Internal Volume: 125.41 cu. ft. 3.55 mc
Tare Weight: 190 kg
Weight Limitation Inc. ULD Tare Weight: 1,588 kg
Loadable Aircraft Type: 747, 747F, 777 Airbus

L: 79" (201cm)
W: 60.4" (154cm)
H: 64" (163cm)



L: 79" (201cm)
W: 60.4" (154cm)
H: 64" (163cm)

Type: AKE CONTAINER
ATA Code: LD3
Internal Volume: 152 cu. ft. | 4.3 mc
Tare Weight: 100 kg
Weight Limitation Inc. ULD Tare Weight: 1,588 kg
Loadable Aircraft Type: 747, 747F, 777 Airbus

Ice Cream

Creamy, cold and universally adored, ice cream has become a part of peoples' lives no matter where in the world they live. Italy has Gelato, India has its.

Kulfi and in some form or the other, every country has its own version of the sweet icy dessert.

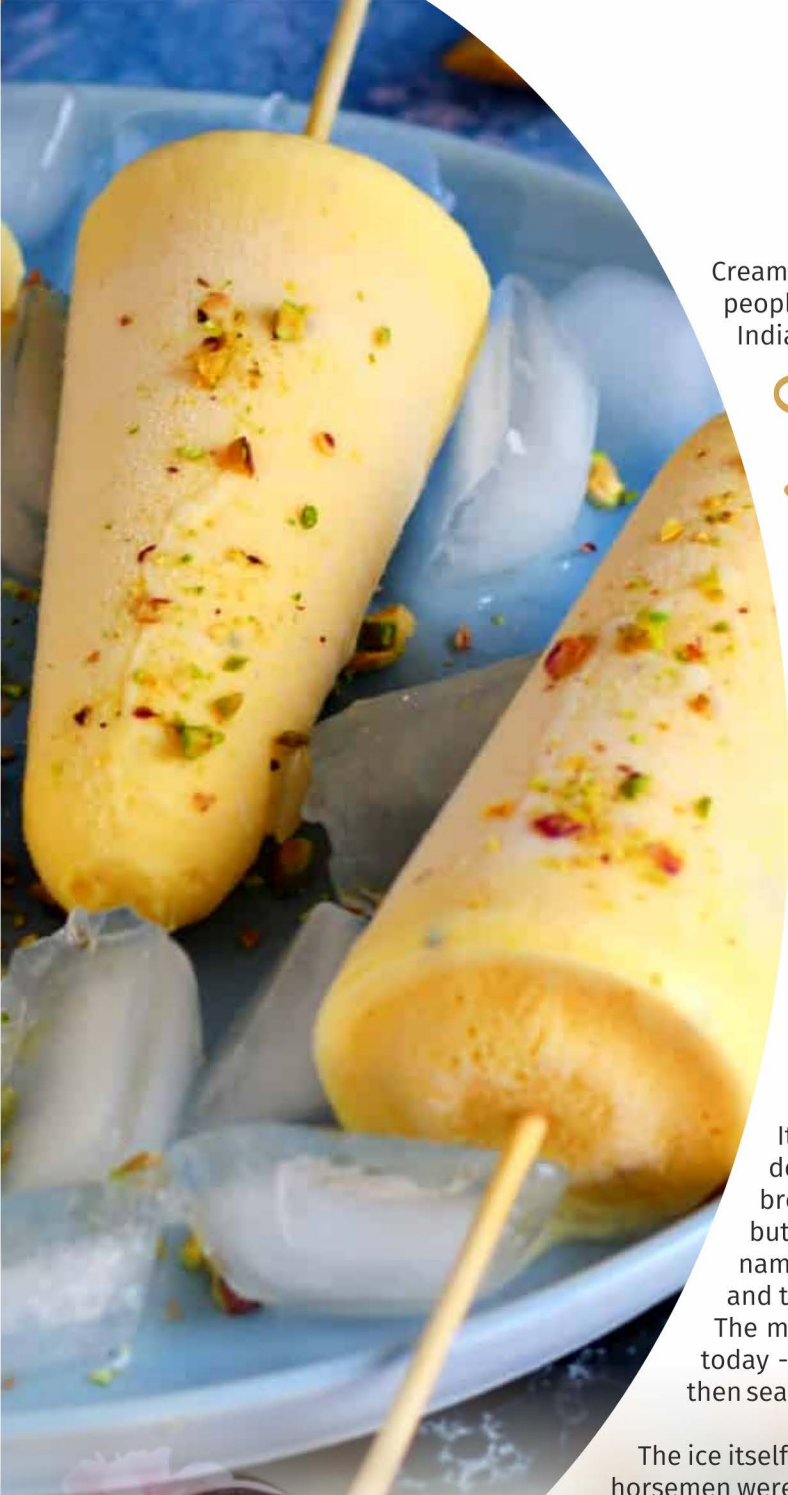
This dessert had some roots in the Chinese Tang dynasty (618-907 AD) where they used to enjoy a frozen milk confection that bears resemblance to the ice cream we know today. Camphor was added to cow, goat or buffalo milk which was then heated with flour before being lowered in metal tubes into ice pools until they were frozen. It was this process that the traveller Marco Polo carried with him back to Italy in the 13th century and is credited with the arrival of ice cream in Europe.

Others believe that although it was this the turning point for commercially made ice creams, there are plenty of cultures which predate this method. For example in Persia, the Arabs used milk as a major ingredient in the production of Falooda which was then sweetened with sugar as early as the 10th century. Made with milk, cream or yoghurt, it was flavoured with rosewater and dried fruit and nuts.

It was not until the 16th century that a frozen dessert was developed in Delhi during the Mughal reign. Whether this was brought in from Kabul or originated by them in India is unclear but it served as the launchpad for kulfi as we know it today. The name itself refers to the conical metal mould in which it was made and the preparation dates back to Empower Akbar's royal kitchens. The mixture was created by freezing khoa - or khoa as we know it today - with nuts and saffron essence for flavour and colour. It was then sealed with dough before freezing in ice.

The ice itself was a hard-to-procure ingredient in tropical Delhi so relays of horsemen were employed to ferry ice between the Hindukush mountains and Delhi both for the making of kulfi and more simple fruit sorbets. By the 18th century, French and English cookbooks began to mention butter ices and creams ices and the term 'ice cream' was first used in May 1777, in the New York Gazette by Philip Lenzi, who described himself as a confectioner from London. In a short 20 years, a public announcement was made for the sale and supply of ice cream to the people of Baltimore and in 1809, Dolly Madison, the wife of President James Madison served it to state guests with great success.

In 1810, Frederic Tudor made ice cream in the West Indies using milk, cream and fruit juices in an attempt to establish a trade of ice with his homeland in the US. He had enormous success selling both ice and ice cream in South America, Iran and India and the rest as they say is history.



BIRTHDAYS

01ST	SIDDANNA	BANGALORE
01ST	MALLIKARJUNA A. N.	BANGALORE
02ND	RAJESH SURVE	MUMBAI
03RD	SUPRIYA WAMAN	MUMBAI
04TH	SANDEEP SAWOOL	MUMBAI
05TH	MANSI JANI	MUMBAI
05TH	DAYANAND SHEWALE	MUMBAI
06TH	BABAN SHINDE	MUMBAI
07TH	NEHA SHELKE	CORPORATE
10TH	RAMA POOJARY	INTL. DIVISION
11TH	VIJAY TALAWADEKAR	MUMBAI
12TH	VAIBHAV MALAP	MUMBAI
12TH	JAGDISH MAURYA	MUMBAI
14TH	SHANKAR SWAMI	CORPORATE
15TH	BHAUTIK PATEL	AHMEDABAD
15TH	MANOJ NIKAM	MUMBAI
18TH	SHUBHAM MONDE	CORPORATE
18TH	CHANDRIKA PARMAR	BARODA
19TH	TUSHAR GHUME	CORPORATE
21ST	DEVKANTH PONDHE	BANGALORE
23RD	RASIK VAGHELA	AHMEDABAD
23RD	SANTOSH TAYDE	AHMEDABAD
25TH	KRUTIKA JADHAV	MUMBAI
26TH	DEEPAK BANSAL	BARODA
27TH	PRASHANT KAMBLI	MUMBAI
27TH	SUBHASH CHANDER	DELHI
27TH	BINOY SHAH	AHMEDABAD

WEDDING ANNIVERSARIES

02ND	VINOD PAL	DELHI
06TH	VISHAL KHANNA	BARODA
20TH	JEROLINE RAJ DISON	TUTICORIN
23RD	GURANAGOUDA C.	BANGALORE
24TH	SMITA PILLAI	CORPORATE
27TH	SUBHASH CHANDER	DELHI
31ST	ABHIJEET NAIR	CORPORATE
31ST	VIDHI NAIR	CORPORATE

NEW ADDITIONS TO THE FEI FAMILY

MANESH KUMAR A.	BANGALORE
P. RAGUL	CHENNAI
SATHYA GURU	CHENNAI
MEGHA AGGARWAL	DELHI
ANIL ZENDE	MUMBAI
BHAVIK SHETH	MUMBAI
BONNINGTON PAUL	MUMBAI
NITESH DALVI	MUMBAI
POOJA JADHAV	MUMBAI
SEJAL SAKPAL	MUMBAI
SHUBHAM RANE	MUMBAI
SURAJ KADAM	MUMBAI



CELEBRATIONS FOR THE MONTH

DATE	CELEBRATING	BRANCH
03RD TO 05TH (MONDAY TO WEDNESDAY)	ASHTAMI, NAVAMI DUSSEHRA	KOLKATA
05TH (WEDNESDAY)	DUSSEHRA	ALL INDIA
08TH (SATURDAY)	SECOND SATURDAY	ALL INDIA
24TH (MONDAY)	DIWALI	ALL INDIA
25TH (TUESDAY)	NEW YEAR	AHMEDABAD, BARODA, MUNDRA, GANDHIDHAM, HAZIRA
26TH (WEDNESDAY)	BHAI DOOJ	AHMEDABAD, BARODA, DELHI, MUNDRA, GANDHIDHAM, HAZIRA, KOLKATA, MUMBAI, NASHIK, PUNE

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