

FEI DUNIYA



IT'S YOUR WORLD

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Leadership is not about power,
it is about responsibility.



DISABILITY IS A STATE OF MIND

These Indians with disabilities prove that it is just a state of mind. Learn about these amazing people who have not let their disability hold them back them in any way. From performing in international arenas to bagging gold medals in sports events, there is nothing these champions cannot do! They have made us so proud.

Ravindra Jain:

Born visually impaired, Jain started singing at a very young age and took his passion to a new high when he joined the Indian music industry, becoming one of the most notable music directors of the 1970s. He was so dedicated towards his work that when, during one of the recording sessions, his father passed away, he did not leave the recording room until the recordings were finalized. Apart from composing various 'super-hit' songs for Hindi movies, he had also launched several private albums which were praised by many.



Sudha Chandran:

This Indian actress and classical dancer needs no introduction. Born in Kerala, this 50-year-old artist met with an accident when she was just 16. Doctors missed a small wound in her ankle and plastered it, which later got infected and there was no alternative left but to amputate her leg. She overcame her disability by getting a prosthetic "Jaipur Foot" and became one of the most popular and acclaimed classical dancers of the country. Having performed Bharatnatyam internationally, Chandran has also been a known figure in the Indian television and film industry. Having received many awards for her amazing talent, Chandran is an inspiration to many!



H Ramakrishnan:

Ramakrishnan was affected by polio in both his legs at a young age of two and half years. From being denied admission in a regular school to getting rejected for a job due to his disability, Ramakrishnan has had to struggle at each step in his life. In spite of this, he worked as a journalist for 40 years and is currently CEO of SS Music television channel. He is also a musician and has showcased his talent at various platforms. He runs a charitable trust called Krupa to help the specially-abled.



Preethi Srinivasan:

Preethi Srinivasan was the captain of the under-19 Tamil Nadu women's cricket team. Even after the unfortunate swimming accident that left her paralyzed below the neck, she continues to inspire other lives through her organization Soulfree. She has started to provide hope to women with severe disabilities and assists them in fulfilling their highest human potential by providing a basic quality of life.





Girish Sharma:

He lost a leg in a train accident when he was a kid. But, this setback in life did not stop him from becoming a badminton champion. He has just one leg which is so strong that he not only plays the game effortlessly but also easily covers the entire court. Ever since he was a kid, he would indulge in outdoor activities with other kids without letting his disability come in the way. Aren't we super proud of this talented man?

Shekar Naik:

Naik is a perfect example of someone who has converted a disability into an opportunity. With his strong will power and dedication, he became a T20 Blind Cricket World Champion and has 32 centuries to his name. After a lot of financial and social troubles, Naik has emerged as a winner and we salute his spirit.



Satendra Singh:

This acclaimed doctor contracted Polio when he was just nine months old. He is also a prominent disability activist and works extensively to make public places more accessible to persons with disabilities. His efforts made ATMs disabled-friendly by constructing ramps. Similar initiatives were taken for the post office, medical institutes, polling booths, etc. He is also the founder of Infinite Ability – a medical humanities group on disability.

Arunima Sinha:

Arunima Sinha lost her leg when some robbers pushed her out of a moving train. Two years later, she became the first woman amputee to climb Mount Everest. She disliked the look of pity and sympathy in everyone's eyes and did not want to be looked upon as a handicapped person. She has proved that a strong determination and will is far more important than a strong body. Even with a prosthetic leg, she overcame her challenges and made history.



Malathi Krishnamurthy Holla:

This international para-athlete from Bangalore was paralyzed completely at the tender age of one after a high fever. A regular electric shock treatment for two years got the strength of her upper body back, but below the waist her body remained weak. Holla decided to live life in the best possible way and chose sports to excel in. She started participating in various games at college, and today she has taken part in various international events including the Para-Olympics. She won Gold in 200m, shot put, discus and javelin throw at the 1989 World Masters' Games in Denmark. She has over 300 medals in her kitty, and is also the proud recipient of the Arjuna Award and Padma Shri. She runs the Mathru Foundation to help disabled children from rural India.



THE AFFECTION DISTORTS THE PERCEPTION...

The affection distorts the perception. The Master used to talk about it often. One day his students got an amazing example, proving those words. They heard the Master talking to one mother.

- How is your daughter living?

- My dear daughter! She is so happy. She has a wonderful husband! He gave her a car, bought her jewellery that she dreamed about, hired servants for her. They serve her breakfast in bed, and she stays in bed until noon. He's not a husband, but a prize!

- And how's your son?

- My poor boy! He married a real grouch! He gave her everything that she wanted: a car, jewellery, an army of servants. And she is lying in bed until noon! And doesn't even get up to make breakfast for her husband!

In nine cases out of ten, an affection of a human being alters his emotions towards the ones they are fond of.

No wonder our perception gets distorted by an opinion of the heart while the clarity of perception makes it look as it is. Our brain is mapping the world and often that map is distorted, but it's a map with constant immediate sensory input and creates a gentle feeling of fondness towards something or someone within oneself.

First comes "perceptions" or sensory input to the brain.

Secondly the brain processes the "perceived" information received.

Thirdly feelings come next.

Finally the response of behavior.

One can never get a feeling or behave unless a perception and then a thought comes first to give rise to the feeling and behaviour.

If your perceptions are accurate, and your responses are in balance and appropriate to the situations they are clear and "undistorted perceptions."

If your perceptions are inaccurate, and your responses are unbalanced and inappropriate to the situations, they are unclear and "distorted perceptions." These "Distorted Perceptions" are what gives rise to distorted and inappropriate behavior. In layman's terms, misunderstanding and misinterpretation of what you perceive of the incoming information into your brain.

LIFE PARTNER

Who is your life partner?

Mom
Dad
Wife
Son
Husband
Daughter
Friends...????

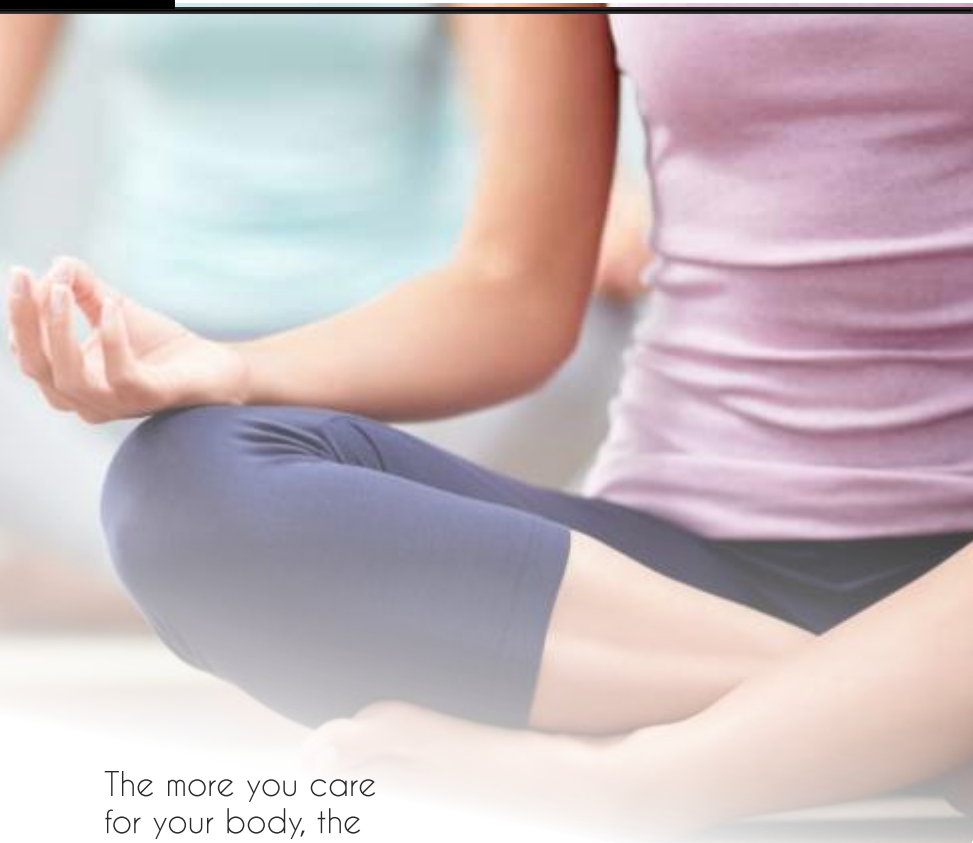
NOPE

Your real life partner is your BODY

Once your body stops responding no one is with you.

You and your body stay together from Birth till Death.

What you do to your body is your responsibility and that will come back to You.



The more you care for your body, the more your body will care for You.

What you eat,
What you do for being Fit,
How you deal with stress,
How much rest you give to it..
Will decide how your body's gonna respond.

Remember your body is the only permanent address where you live.

Your body is your asset/liability, which no one else can share.

Your body is your responsibility.
Because...
You are the real life partner.

Be Fit forever
Take care your self
Money comes & goes,
Relatives & Friends
are not permanent.





IMPORTANT LESSON

"A retired MD of a bank came to a branch in his city where nobody recognised him, as the branch was run by new generation people.

He had to identify himself as ex-MD of the same bank.

Curiously one employee of that branch asked him, "how is life after retirement" ?

The ex-MD said,

"I have realised that after the chess game is over, the king and the soldiers are kept in the same box".

Positions, Designation are all temporary...being humble and human and down to earth is permanent.



*Shri. Sudhir Sardar
(Father of Mr. Lakhai Sardar-FEI Kolkata)
(1955-2018)*

WE AT FEI FAMILY WILL MISS YOU

A well wisher, selfless person and a gentlemen. He was a very strong leader of our house, who always inspired us at every stage of the life.

His life has enlightened us to live with unity in all adversity and face the situations bravely.

We will follow his ideology and his hopes and dreams will live in our hearts forever.



Birthday girl

Ms. Vanitha J.

Dear Vanitha, you share your birthday with **Indira Gandhi**, popularly known as the Iron Lady of India, her sheer sense of politics and exceptional skills catapulted her position in the Indian politics. Till date, she is the only woman to head a democratic country.

Very supportive understanding and great person to work with. – **Shreya Kapur**

She is honest and trust worthy. – **Gummi Reddy**

Sincere and hard working! – **KV Ravikumar**

Sincere and steadfast in her responsibilities. Happy Birthday and wish her a great future. – **K B Radhakrishnan**

Dear Vanitha, experience always counts and it is seen while working with her. Wish her success in the days to come. – **Abhijeet Nair**

BIRTHDAY BOYS/GIRLS

A. M. Murali	Bangalore	01st
N. Krishnama Chary	Hyderabad	05th
Shivanand Ganigar	Bangalore	08th
Ashwini Kumar Rai	Delhi	08th
Prachi Joil	Corporate	10th
Dilawar Inamdar	Mumbai	11th
Sisira Perera	Colombo	11th
Nitin Mhatre	Mumbai	14th
Kaushalya Sanduni	Colombo	16th
D. Jagadeesan	Chennai	18th
Vanitha J.	Bangalore	19th
Kinjal Patel	Baroda	19th
Smija Abhilash	Corporate	20th
Rakesh Rehwadi	Ahmedabad	28th
Balaji Mudaliar	Ahmedabad	29th
Jaypal Sathwani	Ahmedabad	29th
Vishwambhar Morye	Mumbai	30th

THEY TIED THE KNOT

Sineesh S. G.	Kochi	11th
Santosh Tayde	Ahmedabad	11th
Mallikarjuna A. N.	Bangalore	17th
D. Dinesh	Chennai	18th
Shivraj Chawan	Mumbai	18th
Mansi Jani	Ahmedabad	23rd
Anubhav Pandey	Mundra	26th
Mahesha. V	Bangalore	28th
Gajraj Singh	Delhi	30th

NEW JOINEE

Shivaraj Paraddi	Bangalore
Siddanna V.	Bangalore
Simi John	Corporate
Vrushali Phansekar	Corporate
Kimmi Sagar	Delhi
Varun Sharma	Delhi
Santosh Gurav	Int'l Division
Kartik Gurjar Krishnan	Pune
Vishal Jadhav	Pune

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