

# FEI DUNIYA



IT'S YOUR WORLD

Mumbai • Vol 10 / Issue 09 • February 2018 • A Publication of FEI Cargo Ltd. • Free Distribution

*The biggest mistake  
anyone can make is  
to focus on the  
competition.*



## V.V. IMP message from Supreme Court.

This is definitely going to save your money...

**Dear All,**

This is to inform you that medicines are prescribed (by doctors) by brand name & not by the generics (Ingredients). Hence we end up paying more money for the same medicine.

Follow these few steps to know more & start saving on your medical bills.

1. Simply go to [www.Manddo.com](http://www.Manddo.com) (Medicines and Doctors online) go to medicines section

2. Search the medicine name

3. Type the medicine name which you are using (**e. g. Lyrica 75mg (Pfizer company)**)

4. It will show you medicine company, prices and Ingredients

5. Now CLICK ON 'SUBSTITUTE'

6. Don't be surprised to see that same drug is available at very low cost also. And that to, by other reputed manufacturer. e. g. Lyrica by pfizer is for Rs. 768.56 for 14 tab (54.89 per tab). Whereas same drug by Cipla (Prebaxe) is available ONLY @ Rs. 59.00 for 10 tab (5.9 per tab)

Let the move by Supreme Court benefit everyone...

There was a big lobby by Pharma companies to stop generic medicines. But court kept the interest of common man and their medical needs.

"Kindness Costs Nothing" - please share it with your groups





FEI DUNIYA: Dr. A. P. J. Abdul Kalam special edition moved to SRL Diagnostic Laboratories reception by our own Ramgopal Bhai (Ho Ho Ho Ha Ha Ha)



## COINCIDENCES???

I. **Buddha** was married, but he left his wife and went out in search of the truth.

His wife lived alone.  
His wife's name was **Yashodara**.

II. **Mahavira** was married, he left his wife and became monastic.

His wife lived alone.  
His wife's name was **Yashoda**.

III. **PM Modi** married, but he left his wife and put his life in serving the nation.

His wife is also living alone.  
His wife's name is **Yashodaben**.

**"YASHODA, YASHODARA AND YASHODABEN"**

**IS IT JUST COINCIDENCE OR HISTORY IS REPEATING ITSELF.**



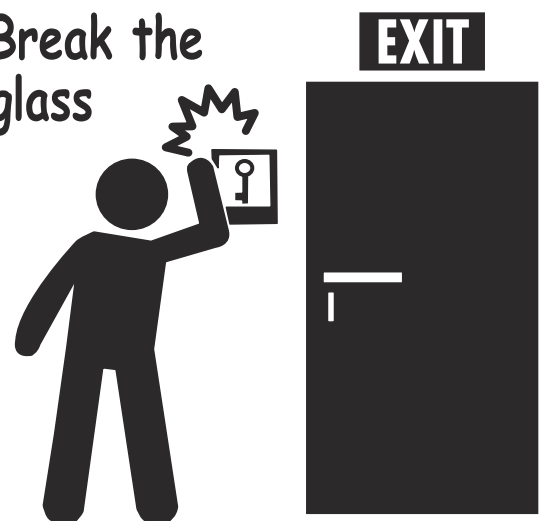


## Escape that fire

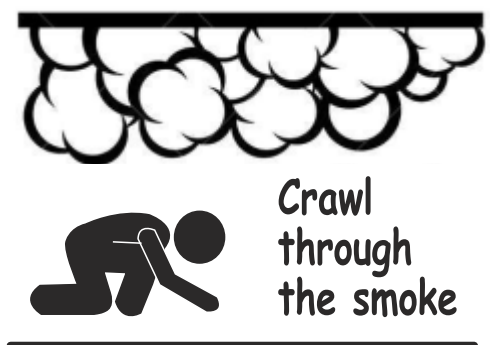
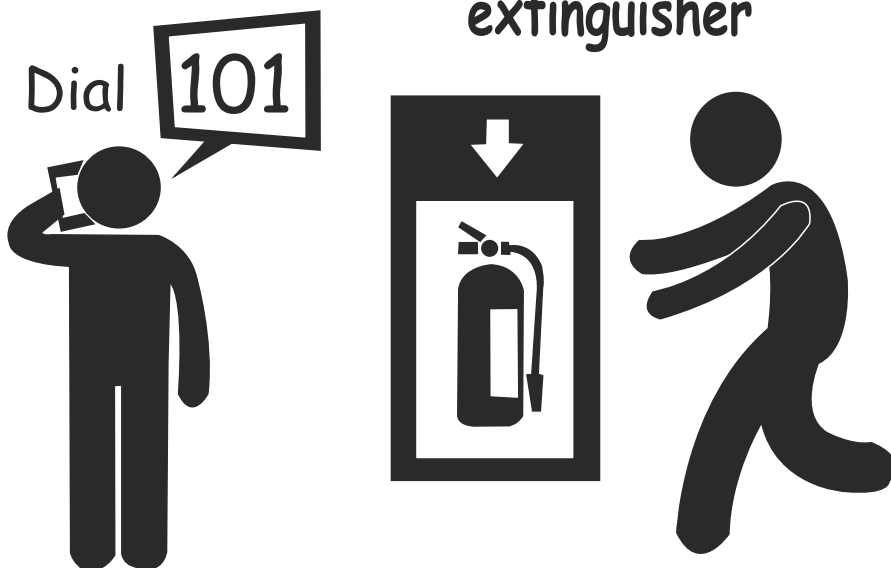
There are no fire drills, no exercises and no mock training programmes where the general public is made aware of what to do and how to behave in case of fire.

Many years ago, there was a big fire at a five-star hotel (J. P. Hotel) in upscale Vasant Vihar. So many people died. But the Japanese and Americans guests at the hotel survived. Why? Because they put wet towels under the doors so that no smoke enters their rooms. They put wet handkerchiefs on their faces and lay on floor, and the smoke moved up. Most deaths are caused because of smoke, not fire. All the Indians in the building jumped out of their windows and died. The critical difference has to do with training which we need to train / educate people for.

Break the glass



Get the fire extinguisher



## GREAT LOGISTICS!

### Indian Logistics Market to touch \$ 307 billion by 2020

Tax reforms, GST and rising economy have put logistics industry on a fast track growth. Logistics market in India is expected to be worth US\$ 307 billion by 2020, Mr. Ram Kripal Yadav, Minister of State for Drinking Water & Sanitation said at an ASSOCHAM event.

India spends around 14.4 percent of its GDP on logistics and transportation as compared to less than 8 percent spent by the other developing countries. According to the study, investments in infrastructure development across all modes of transportation, relaxed foreign direct investment regulations, implementation of GST and increased technology adoption are altering the Indian Logistics Industry.

Recently, the government has also given infrastructure status to logistics sector, covering cold chain warehousing facilities, a move that is likely to attract more funding at competitive rates for these segments. The major boost to logistics market comes from the ongoing infrastructure projects, increasing customer demand from the tier II and tier III cities, which is being further fuelled by the increasing popularity of online shopping. Also, the country's air cargo sector is projected to grow at over 9 percent in the next few years as the regional connectivity scheme would help in the continued growth of the air cargo sector.

Logistics Sector, which accounts for nearly 14 percent of the GDP, could see savings to the tune of USD 200 billion annually on implementation of GST, which will ensure faster movement of goods and less idle hours, say experts.

In the coming years, The Indian Logistics Industry is expected to grow by 9-10 percent per annum over the medium term and at CAGR of 16 percent on an average. The border check posts have been removed even as states await electronic waybills, which will make truck movement easier. The e-way bill on GSTN (Goods and Services Tax Network) is expected to be soon and will aid movement of trucks.

According to the study, access to cheap capital should be made available to Logistics Service Providers for investments in infrastructure, enabling them to extend longer credit periods to their clients and supplementing their working capital. The government should create a uniform tax structure and do away with multiple check points and documentation requirements, which would lead to speedier delivery of cargo.

The growth of the Cargo and Logistics industry will not only contribute to the GDP, but will also generate employment opportunities. For sure logistics Industry in India is in for an unprecedented growth chart and it will continue to grow in the years to come.





## *Makhani Paneer Biryani*

### Ingredients for preparing

- 250 gm paneer cubes
- 3 Tbsp ghee/ clarified butter
- 2 Tbsp whole spices
- 1 large onion, chopped coarsely
- 3 Tbsp butter
- 2 cups fresh tomato puree
- 2 to 3 green chillies
- 3-4 cloves garlic
- 1 Tbsp ginger, peeled and chopped
- 1 tsp turmeric powder
- 1 tsp cumin-coriander powder
- 1 tsp tandoori masala
- 1/2 tsp cardamom powder
- 1 tsp sugar
- 1/4 cup cashew paste
- 1/2 cup cream
- Salt to taste
- 6 cups cooked Basmati rice
- 1 cup fried onions
- 1/2 cup almond slivers
- 1/2 cup chopped mint and coriander

### How to Make Makhani Paneer Biryani

1. Sear the paneer cubes in ghee. Then season it to taste and set aside.
2. In the same pan, add the whole spices such as cinnamon, cloves, black cardamom, green cardamom, black peppercorns, mace.
3. As the spices crackle, add the chopped onions, green chillies, ginger garlic and fry for 2 minutes.
4. Add the powdered masalas followed by the tomato puree. Simmer for 10 minutes or so.
5. Then add the cashew paste and cream. Season to taste.
6. Add the paneer into the gravy and bring to a gentle simmer for 6 to 8 minutes.
7. Using a greased baking dish or handi, layer the paneer and rice alternatively. Garnish with fried onions, nuts, fresh mint and coriander. Cover with aluminium foil or heat gently for 25 minutes. Serve hot.

## ERA GONE BY



Mahalaxmi Bombay 1851



First Bus from BEST



The first Indian lady pilot (Sarla Thakral)

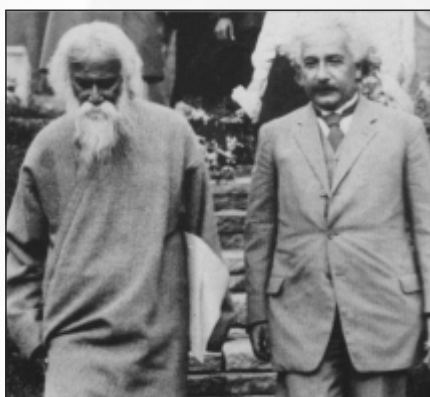


Image of Tagore and Einstein bring geniuses from worlds apart together.



Dadar Station



Manual update of the airline flight schedule in 1963.



Rabindranath Tagore, Dr. S. Radhakrishnan and Sir Maurice Gwyer at Sinha Sadan after the Oxford University Convocation on 7th August 1940.



Chandra Shekhar Azad



Air India airhostess aiding a passenger on a Delhi Bombay flight in 1946



Netaji Subhash Chandra Bose with youth followers



Mumbai Tram in 1874



Zebra cart in 1930 (Calcutta)

**Dear Rajesh,** you share your birthday with **Cristiano Ronaldo**, a Portuguese footballer who plays as a forward for Spanish club Real Madrid and the Portugal national team. Considered as the best player and the greatest of all time.

Very humble, cool & calm person but also very strict. He is a perfectionist in his work. Best wishes on his special day. – **Mansi Jani**

Every successful team has someone terrific like you Sir, leading from the front. Thank you for your inspiration and encouragement – Happy Birthday Sir.

– **Balaji Mudaliar**

Trustworthy and supportive. – **Liju Pillai**

Reliable friend with a smile. – **Smita Pillai**

He is meticulous, hungry to learn and grow. Good to see his dedication being celebrated. – **Pratap Nair**



*Birthday boy*  
Mr. Rajesh Meghrajani

## BIRTHDAY BOYS/GIRLS

|                           |                  |             |
|---------------------------|------------------|-------------|
| <b>Rajesh Meghrajani</b>  | <b>Ahmedabad</b> | <b>05th</b> |
| Biju Thomas               | Hazira           | 07th        |
| Rajiv Shukla              | Delhi            | 08th        |
| Bhiva Baba Khandekar      | Mumbai           | 09th        |
| Velji Pingol              | Mundra           | 10th        |
| Rajesh Pal                | Ahmedabad        | 13th        |
| Rekha Chaudhary           | Delhi            | 16th        |
| Amol Baad                 | Mumbai           | 20th        |
| Ande. Sita Prasanth Kumar | Bangalore        | 20th        |
| K V Ravikumar             | Bangalore        | 25th        |
| Sineesh S. G              | Kochi            | 28th        |

## NEW JOINEES

|                 |           |
|-----------------|-----------|
| Pranay Temburne | Corporate |
| Manal Chitre    | Corporate |
| Ravi Kale       | Mumbai    |
| Jayant Moro     | Mumbai    |
| Kiran Atpadkar  | Mumbai    |
| Vijay Chettiar  | Mumbai    |

## THEY TIED THE KNOT

|                           |           |      |
|---------------------------|-----------|------|
| Pavithra. N               | Chennai   | 01st |
| Ande. Sita Prasanth Kumar | Bangalore | 02nd |
| Nikhil P. Parmar          | Ahmedabad | 03rd |
| Ashok D. Shinde           | Mumbai    | 04th |
| D. Jagadeesan             | Chennai   | 09th |
| Dinesh Dangar             | Baroda    | 11th |
| Jayesh Patel              | Ahmedabad | 12th |
| R. Murugesan              | Tirupur   | 12th |
| Sandeep V Sawool          | Mumbai    | 12th |
| Balaji Mudaliar           | Ahmedabad | 13th |
| Arvind Singh Rawat        | Delhi     | 14th |
| Sanjay Laxman Sawant      | Mumbai    | 15th |
| Shivraj Kallur            | Delhi     | 15th |
| Sushant T Kadam           | Corporate | 18th |
| Gummi Reddy               | Bangalore | 21st |
| Avaneesh Rai              | Mumbai    | 22nd |
| Narendra Waigankar        | Mumbai    | 23rd |
| R. Ramesh                 | Chennai   | 24th |
| Madan Y. Shinde           | Corporate | 25th |
| Anjani Kumar Pathak       | Delhi     | 28th |
| Sachin Haribhau Kokane    | Mumbai    | 28th |

FEI Duniya (English) is edited, printed and published for FEI CARGO LTD., Mumbai by K. S. Pratapchandran Nair and Printed at The Print Works, A-2/234-235, Shah & Nahar Industrial Estate, Sun Mill Lane, Lower Parel, Mumbai - 400 013, and published from FEI Cargo Ltd. A/103, Mangalya, Marol Maroshi Road, Andheri (E), Mumbai - 400 059  
Editor - K. S. Pratapchandran Nair (Responsible for selection of news under PRBAct)

**Disclaimer:**

The view and opinion expressed in FEI Duniya are not necessarily those of the editor, publisher or the organization. Any health tips given in the magazine should not substituted for the advice of a medical professional.

Do take time to visit these websites:

[www.feicargo.com](http://www.feicargo.com) | [www.shailajanair.org](http://www.shailajanair.org) | [www.iceawards.in](http://www.iceawards.in) | [www.devotionalharmony.com](http://www.devotionalharmony.com) | [www.thejulyclub.com](http://www.thejulyclub.com) | [www.shetheincredible.com](http://www.shetheincredible.com)

FEI Duniya contributions Email: [feiduniya@feicargo.net](mailto:feiduniya@feicargo.net) Published by the editorial board

Follow us: [f/feicargo](https://www.facebook.com/feicargo) [@FEICargoLtd](https://www.instagram.com/FEICargoLtd) [t/FEICargoLtd](https://www.twitter.com/FEICargoLtd)

A-103, Mangalya, Marol Maroshi Road, Andheri (E), Mumbai - 400 059 Tel: +91-22-4236 9911

[www.feicargo.com](http://www.feicargo.com)